

## 5-item Event Characteristic questionnaire about Moral Injury events

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Many people have experienced one, or more, tough times(s) in their lives resulting in a negative outcome. For example, being involved in injuring others or being asked to do something which led to something bad happening. Sometimes people experience things which go against their morals or sense of right and wrong. This can sometimes cause them to feel bad. We are asking you to think of a time when something happened to you or you saw something happen to someone else which affected your sense of right and wrong, your belief of who you are, or of the world we live in. This might be one or multiple times. Only think of times that were serious to you. We will not ask for details but ask that you keep in it in mind while answering the questionnaires. You will be asked whether you have one or many things in mind shortly. Please let the researcher know when something comes to mind. If you cannot think of something, please still complete the questionnaires as your answers are of interest to us.

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Thinking about the statement, please answer the following:

Is there an event or multiple events your answers relate to? (*Please tick*)

- Yes, one event ☐  
Yes, multiple events ☐  
No ☐  
Don't know ☐

If you answered **Yes**, please complete the items below.

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How old is the event (or most impactful event) in years?

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Had you taken any drugs or alcohol at the time of the event (or most impactful event)? (*Please tick*)

- Yes ☐  
No ☐  
Don't know ☐

Were you fully intoxicated at the time? *(Please tick)*

- Yes ☐
- No ☐
- Don't know ☐
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Does the event (or most impactful event) involve any of the following? *(Please tick)*

- Family ☐
- Friend ☐
- Someone you  
knew informally ☐
- Stranger ☐