Supplemental Material

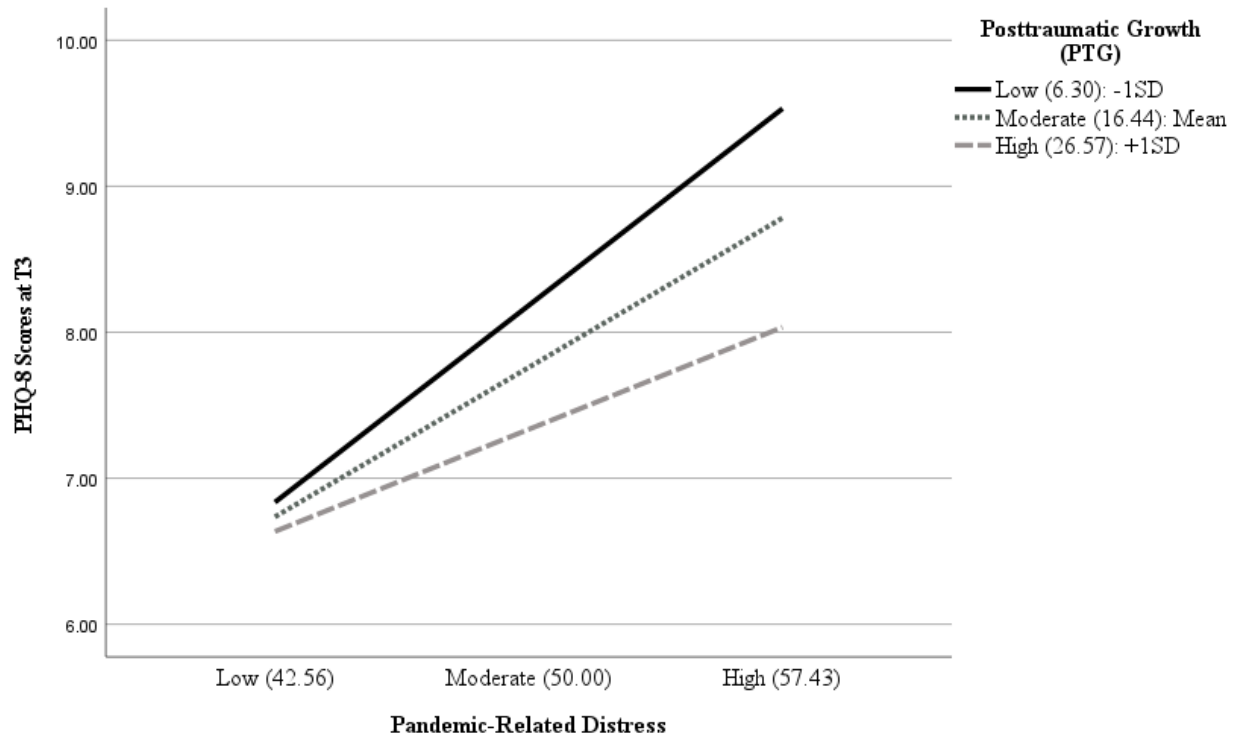## Table 1

Demographic, Predictor, and Outcomes Variable Characteristics (N=661)

Variables	Means or % (n) SD, if applicable
Demographic Variables	
Age	25.4 ± 3.37
Gender	
Men	11.2 (74)
Women	85.3 (563)
Other	3.5 (23)
Race	
White	60.8 (401)
Asian	22.3 (147)
Other	16.9 (112)
Family income (USD/year)	
< \$50,000 – \$74,999	28.8 (187)
\$75,000 – \$124,999	27.4 (178)
\$125,000 – ≥\$225,000	43.8 (284)
Pre-existing mental health diagnosis	39.8 (263)
Predictors	
Pandemic-related stress at T_1 and T_2	50.0 ± 7.43
Posttraumatic growth at T_2	16.5 ± 10.2
Outcomes	
Depression symptoms at T_3	7.70 ± 5.74
Anxiety symptoms at T_3	8.02 ± 5.62

Figure 1

Associations Between Pandemic-Related Stress and Depression at Different Levels of Young Adults'
Posttraumatic Growth (PTG)

Note. Young adults' demographic variables (age, gender, race, family income), pre-existing mental health
diagnosis, and depressive and anxiety symptoms at T_2 were added as covariates.