

Functional Posttraumatic Cognitions Questionnaire

Thoughts about the traumatic event

The following sentences describe thoughts children and adolescents might have after experiencing a traumatic event. Please indicate how much you agree or disagree with each statement by ticking one box.

	Don't agree at all	Don't agree a bit	Agree a bit	Agree a lot
1. I can live with what happened.	☐ 0	☐ 1	☐ 2	☐ 3
2. Although this happened to me, I am still in charge of my life and I can influence what is going on.	☐ 0	☐ 1	☐ 2	☐ 3
3. I am brave enough to deal with the traumatic event.	☐ 0	☐ 1	☐ 2	☐ 3
4. I have to look forward; it does not do any good to think about the traumatic event a lot.	☐ 0	☐ 1	☐ 2	☐ 3
5. Although this happened to me, I am okay as a person.	☐ 0	☐ 1	☐ 2	☐ 3
6. I will get over the traumatic event.	☐ 0	☐ 1	☐ 2	☐ 3
7. Although this happened to me, my wishes can come true.	☐ 0	☐ 1	☐ 2	☐ 3
8. Other people have similar or even worse experiences.	☐ 0	☐ 1	☐ 2	☐ 3
9. The traumatic event is over and is not going to frighten me for the rest of my life.	☐ 0	☐ 1	☐ 2	☐ 3
10. Although this happened to me, I can have a good life.	☐ 0	☐ 1	☐ 2	☐ 3
11. I will be able to deal with difficult situations in the future as well.	☐ 0	☐ 1	☐ 2	☐ 3

(FPTCQ; de Haan, A., Haag, A.-C., & Landolt, M. A., 2016)

Contact

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de Haan, A., Haag, A.-C., & Landolt, M. A. (2016). *Functional Posttraumatic Cognitions Questionnaire (FPTCQ)*. Zurich: University Children's Hospital Zurich.

de Haan, A., & Landolt, M. A. (2017, June). *Functional Posttraumatic Cognitions in Children and Adolescents after Accidental Trauma*. 15th Conference of European Society for Traumatic Stress Studies, Odense, Denmark.

de Haan, A., & Landolt, M. A. (2017, November). *Functional posttraumatic cognitions in children and their parents after accidental trauma*. Poster presented at the 33rd Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Chicago, US.