

CAMS-A Parent Response Form (PRF)

The purpose of this form is to assist clinicians in making family-centered decisions regarding parent involvement in treatment, and determining what the parents most need (i.e., their "drivers") - in CAMS, treatment plans are based on the patients' drivers of suicide. In CAMS-A, treatment must involve parents/caregivers at some level. This tool will enable clinicians to be as idiographic in their treatment decisions about parent involvement and parent services as they are about how to address suicidality with their teenage patients.

The PRF should be completed during the first or second session of CAMS-A. As with the SSF, the clinician and parent should be seated side-by-side as the parent completes the PRF. The child should not be present in the room during this process.

Clinician instructions and responses should include:

- Clarification of meaning, if the parent seems unsure about an item or word
 - Note that ultimately, the parents should respond based on their individual sense of meaning about an item or word
- Clarifying questions and brief reflections to convey empathy and understanding
- Providing context and reassurance to the parent that there is no 'best' answer – the clinician is interested in understanding the parent's experience, whatever that may be
- Normalizing parent's experiences by acknowledging that a child's suicidality can be very difficult for parents, and can lead to a range of responses
 - Most parents experience a combination of these thoughts and feelings (see, e.g., Wagner, Aiken, Mullaley, & Tobin, 2000; Greene-Palmer et al., 2015)

Parent reactions can change over time; the goal of the PRF is to help the clinician understand the parent's *current* attitudes and emotions.

CAMS-A Parent Response Form-PRF

Patient: _____ Parent: _____ Clinician: _____ Date: _____ Time: _____

Section A

Rate and fill out each item according to how you feel right now.
Then rank in order of importance 1 to 8 (1=most important to 8=least important).

Rank	
_____	1) RATE YOUR SADNESS ABOUT YOUR CHILD'S SUICIDALITY: <div style="text-align: center;"> Low sadness: 1 2 3 4 5 :High sadness </div> What makes me saddest is: _____
_____	2) RATE YOUR FEAR/WORRY ABOUT YOUR CHILD'S SUICIDALITY: <div style="text-align: center;"> Low fear: 1 2 3 4 5 :High fear </div> What I am most worried about is: _____
_____	3) RATE YOUR GUILT ABOUT YOUR CHILD'S SUICIDALITY: <div style="text-align: center;"> Low guilt: 1 2 3 4 5 :High guilt </div> What I feel most guilty about is: _____
_____	4) RATE YOUR ANGER ABOUT YOUR CHILD'S SUICIDALITY: <div style="text-align: center;"> Low anger: 1 2 3 4 5 :High anger </div> I am angriest when: _____
_____	5) RATE YOUR HOPELESSNESS ABOUT YOUR CHILD'S SUICIDALITY: <div style="text-align: center;"> Low hopelessness: 1 2 3 4 5 :High hopelessness </div> I am most hopeless about: _____
_____	6) RATE YOUR CONFIDENCE IN YOUR ABILITY TO RESPOND EFFECTIVELY WHEN YOUR CHILD IS SUICIDAL: <div style="text-align: center;"> Low confidence: 1 2 3 4 5 :High confidence </div> I am uncertain about: _____
_____	7) RATE YOUR AWARENESS ABOUT THE TRIGGERS FOR YOUR CHILD'S SUICIDALITY: <div style="text-align: center;"> Low awareness: 1 2 3 4 5 :High awareness </div> My child is most likely to become suicidal when: _____
_____	8) RATE YOUR WILLINGNESS TO PARTICIPATE IN YOUR CHILD'S TREATMENT: <div style="text-align: center;"> Low willingness: 1 2 3 4 5 :High willingness </div> What I most want to change is: _____

Section B

Rate your level of agreement with the following statements:

My child is responsible for his/her own emotional well-being.	Not at all true:	1	2	3	4	5	6	7	8	:Very much true
I am responsible for my child's emotional well-being.	Not at all true:	1	2	3	4	5	6	7	8	:Very much true
Feeling suicidal is a natural (though problematic) response to extreme emotional distress.	Not at all true:	1	2	3	4	5	6	7	8	:Very much true
Feeling suicidal is an unnatural and problematic response to extreme emotional distress.	Not at all true:	1	2	3	4	5	6	7	8	:Very much true

I believe my child is suicidal because: _____

The one thing that would be most helpful for my child right now is: _____