

Qualitative Interview for COVID-19 Supplement

The following two questions are in the COVID-19 Impact Questionnaire. Participants are **eligible** for the qualitative interview **if they answered these questions and opted in for the qualitative interview at the end of the quantitative survey:**

Q1. Do you think you relapsed or increased your alcohol or drug use as a result of COVID-19? (Y/N)

Q2. Do you think you increased your use of coping strategies, or used different types of coping strategies including recovery supports (e.g., online MHOs, recovery-focused social network sites, etc.) as a result of COVID-19? (Y/N)

Number of Participants: 60 (requiring at least 40% representation of both sexes by group)

Group A (“Risk Group” – Q1=Y, Q2=N): N=15

Group B (“Resilience Group” – Q1=N, Q2=Y): N=15

Group C (“Both” – Q1=Y, Q2=Y): N=15

Group D (“Neither” – Q1=N, Q2=N): N=15

Interview Questions:

THANK YOU

First, we wanted to thank you for, not only your participation in this supplementary study related to COVID-19, but also your ongoing participation in the main research study. Your time and effort are much appreciated, and we hope will contribute valuable information to the field of recovery in the future.

Like the primary study you are enrolled in, all of the information collected will be kept confidential to the extent of the law and will not be released under any circumstances to your treatment providers. No identifying information will ever be reported with regard to your answers to the questions we ask, and the information collected will only be used for research purposes. Do you have any questions?

QUANTITATIVE SURVEY QUALITY CHECK:

**Pull up the participant's quantitative survey to reference.*

How many online and in-person meetings did you go to in the 83-day period pre-COVID (January 1st – March 24th)? How many online and in-person meetings did you go to during-COVID (March 24th – Date participant completed survey)?

Number of in-person meetings pre-COVID: **[Record in REDCap]**

Number of online meetings pre-COVID: **[Record in REDCap]**

If greater than 0: What online resources did you use?

Number of in-person meetings during-COVID: **[Record in REDCap]**

Number of online meetings during-COVID: **[Record in REDCap]**

If greater than 0: What online resources did you use?

How many days did you drink pre-COVID? What was your average number of drinks per-day?

How many days did you drink during-COVID? What was your average number of drinks per-day?

Number of drinking days pre-COVID: **[Record in REDCap]**

Number of drinks per day pre-COVID: **[Record in REDCap]**

Number of drinking days during COVID: **[Record in REDCap]**

Number of drinks per day during-COVID: **[Record in REDCap]**

Did you use any online recovery resources pre-COVID (including any sort of internet-based resource such as recovery-focused Facebook pages or other recovery-focused websites)?

Did you use any online recovery resources during COVID (including any sort of internet-based resource such as recovery-focused Facebook pages or other recovery-focused websites)?

Online recovery resources utilized pre-COVID [**Record in REDCap**]

Online recovery resources utilized during-COVID [**Record in REDCap**]

INTERVIEW QUESTIONS:

- 1. Tell us about your experience during the COVID-19 pandemic.**

[PROMPT]: Can you elaborate on how you've been feeling since the pandemic started?

- 2. When you began to realize that COVID-19 meant social isolation and social distancing, what went through your mind regarding your attempt to reduce or stop your alcohol use?**

[PROMPT]: Tell me about the thoughts that were going through your head at the time (i.e., wanted to start drinking, wanted to use more resources)?

- 3. How did COVID-19 restrictions affect your mood?**
- 4. How do you think the COVID-19 social distancing measures have affected your use of alcohol or other drug use/your recovery attempt, specifically?**
- 5. How did you cope with these changes caused by COVID-19?**

[PROMPT]: How did your coping strategies change over time?

[PROMPT]: What were the things you were doing prior to COVID-19 that helped you, that you had to stop because of COVID-19?

[PROMPT]: What did you replace those things with that you had to stop doing?

- 6. Of the things that you did during COVID-19 social isolation phases, what were the top three things you did that helped you the most to cope with it?**

[PROMPT]: How did these 3 things affect your recovery?

- 7. Describe your experience using online resources. (**refer to the quantitative survey to see which resources the participant already endorsed using*)**

[PROMPT]: How did you first learn about online resources?

[PROMPT]: How did your use of online resources change before and during COVID-19?

8. How did your experience of using online resources compare to your experience of using in-person resources?

[PROMPT]: Did you find one was more accessible? If yes, how so?

[PROMPT]: Did you find one was more effective/helpful? If yes, how so?

[PROMPT]: Did you find yourself more motivated to use one over the other? If yes, how so?

9. Did you experience any challenges/barriers in using online resources? If yes, please elaborate.

10. What were the most and least helpful online resources you used and why?

11. Did your use of online resources help your recovery? If yes, how?

[PROMPT]: How did this experience using online resources compare to your use pre-COVID?

12. Were there any recovery resources you wish you had access to during COVID-19 that weren't available? If so, please explain.

13. How do you think the recovery resources can be adapted to better meet your needs?

[PROMPT]: How would you design these recovery resources for people like yourself during such a time?

[PROMPT]: How do you think online resources can be made more accessible to different types of people?

14. Has COVID-19 affected your relationships with other people? If so, how?

[PROMPT]: Has COVID-19 affected your use of social media? How so?

[PROMPT]: Do you find your friends/family are drinking more? Or you are hanging out with people who are drinking more?

[PROMPT]: Has COVID-19 affected how close you feel to other people?

[PROMPT]: Any other impacts on your social life or relationships with other people?

15. Overall, do you feel like COVID-19 has affected your ability to refrain from using alcohol or drugs?

[PROMPT]: Has your attitude UR motivation towards drinking/drug use changed during the COVID-19 pandemic?

16. Is there anything else you want to tell us?

ENDING

Alright! Thank you so much for participating in this interview. Again, we appreciate your involvement in the main research studies. We will submit your payment for this today and please be in touch if you have any questions or concerns.

***Branching logic will be included in REDCap depending on participant responses (i.e., if participant did not use online resources, those questions will be skipped)*