

Supplement Table 1 Means, Standard Deviations, and Correlations of the Main Study Variables

	1	2	3	4	5	6	7	8	9	10	11	12
1. T1 Paternal self-control												
2. T1 Maternal self-control	.20**											
3. T1 Fathers' mindful parenting	.43***	.20**										
4. T1 Mothers' mindful parenting	.12	.46***	.23***									
5. T1 Fathers' perceived stress	-.58***	-.18**	-.41***	-.29***								
6. T1 Mothers' perceived stress	-.21**	-.47***	-.09	-.40***	.30***							
7. T1 Adolescent self-control	.07	.10	-.05	.10	-.03	.01						
8. T1 Adolescent psychological difficulties	-.04	-.08	-.03	-.13*	.04	-.01	-.52***					
9. T1 Adolescent life satisfaction	.11	.14*	.12	.14*	-.08	-.05	.40***	-.45***				
10. T2 Adolescent self-control	.07	.14*	.05	.18**	-.13*	-.00	.51***	-.35***	.26***			
11. T2 Adolescent psychological difficulties	-.09	-.18**	-.10	-.19**	.18**	.06	-.34***	.46***	-.20***	-.61***		
12. T2 Adolescent life satisfaction	.08	.12*	.13	.25***	-.14*	-.07	.28***	-.29***	.43***	.41***	-.36***	
Valid <i>N</i>	262	313	262	313	262	313	416	416	420	363	369	372
Possible range	1-5	1-5	0-3	0-3	1-5	1-5	1-5	0-2	1-7	1-5	0-2	1-7
Mean	3.54	3.67	1.83	1.82	2.43	2.40	3.24	0.62	4.30	3.21	0.58	4.65
<i>SD</i>	0.55	0.56	0.39	0.39	0.62	0.63	0.62	0.30	1.36	0.64	0.30	1.32

Note: * $p < .05$, ** $p < .01$, *** $p < .001$.