

## Supplementary Table

### *Descriptive Statistics of Quantitative Variables Measured in Studies 1–3*

	Min	Max	<i>M</i>	<i>SD</i>	Skewness	Kurtosis
<i>Study 1</i>						
Parenthood regret	0	29	4.15	6.59	1.72	2.28
Satisfaction with life	5	33	21.32	5.62	-.43	-.13
<i>Study 2</i>						
Parenthood regret	0	28	4.00	6.61	1.74	2.17
Depressive symptoms	5	23	8.83	4.11	1.30	1.07
<i>Study 3</i>						
Parenthood regret	0	23	2.39	4.39	2.25	4.75
	0	30	3.71	6.63	2.28	4.64
	0	30	5.04	7.72	1.50	1.15
Parental burnout	0	106	24.63	22.35	1.14	.81
	0	129	32.01	29.04	1.39	1.35
	0	95	22.25	21.52	1.20	.77

*Note:* For Study 3, the table provides descriptive statistics for the variables in the English (top row), French (middle row) and Polish (bottom row) subsamples. Descriptive statistics were calculated omitting outlier cases ( $\pm 3SD$ ).