

Supplemental Material for
Association of Parents' Work-related Stress and Children's Socio-emotional Competency:
Indirect Effects of Family Mealtimes

Table S1.
Descriptive Statistics for Study Variables

	<i>n</i>	<i>%</i>	<i>M</i>	<i>SD</i>	<i>Range</i>
Child gender					
Male	752	53.4			
Female	656	46.6			
Child race/ethnicity					
White	767	54.5			
Black	69	4.9			
Hispanic	211	15.0			
Asian	218	15.5			
American Indian/ Alaska Native	24	1.7			
Native Hawaiian/ Other Pacific Islander	2	0.1			
Multiracial	117	8.3			
Number of siblings			.94	.93	.00-7.00
Mother age			32.17	5.44	19.00-52.00
Father age			34.31	6.09	19.00-58.00
Mother race/ethnicity					
White	826	58.7			
Black	77	5.5			
Hispanic	177	12.5			
Asian	258	18.3			
American Indian/ Alaska Native	28	2.0			
Native Hawaiian/ Other Pacific Islander	3	.2			
Multiracial	39	2.8			
Father race/ethnicity					
White	848	60.2			
Black	80	5.7			
Hispanic	174	12.4			
Asian	237	16.8			
American Indian/ Alaska Native	27	1.9			
Native Hawaiian/ Other Pacific Islander	2	.1			
Multiracial	40	2.8			
Mother Education					
Less than high school	59	4.2			
High school diploma/equivalent	295	20.9			
Some college	381	27.1			
Bachelor's degree	378	26.8			
Graduate/professional school or more	295	21.0			
Father Education					
Less than high school	106	7.5			
High school diploma/equivalent	361	25.7			
Some college	342	24.3			
Bachelor's degree	301	21.4			
Graduate/professional school or more	298	21.1			
Parental work shift					
Mother's standard day shift	1152	81.8			
Mother's non-standard shift	256	18.2			
Father's standard day shift	1163	82.6			
Father's non-standard shift	245	17.4			
Socioeconomic status (SES)			.44	.75	-1.60-2.10

FAMILY MEALTIMES AND CHILD SOCIO-EMOTIONAL DEVELOPMENT

Table S2.

Mean, standard deviation, and Pearson correlations among key study variables

	1	2	3	4	5	6	7	8	9	10
1 Socio-emotional competency	-									
2 Mother's job/financial dissatisfaction	-.08***	-								
3 Father's job/financial dissatisfaction	-.06*	.39***	-							
4 Family mealtime (Dinner) frequency (days/week)	.06***	-.05*	0.02	-						
5 Mother-only mealtime (Dinner) frequency (days/week)	.05*	-0.003	.06**	.24**	-					
6 Father-involved mealtime (Dinner) frequency (days/week)	0.01	-0.002	-.08**	.31***	-.73***	-				
7 Mother's work hours	0.04	0.01	-0.01	-.07**	-0.01	-0.01	-			
8 Father's work hours	0.05	-0.02	-.07**	-.09***	.06*	-.12***	-0.01	-		
9 Mother involvement	-.11***	.05*	0.03	-.05*	0.02	-.05*	.08***	-0.03	-	
10 Father involvement	0.01	-.06*	0.03	-0.02	.15***	-.19***	-.07**	.11***	.18***	-
Mean	3.61	2.04	2.17	5.95	0.8	5.65	33.48	45.35	2.69	2.81
SD	0.39	0.62	0.61	1.76	1.45	1.73	13.3	11.18	0.67	0.66

Note. Statistically significant correlations are in bold ($p \leq .05^*$, $p \leq .01^{**}$, $p \leq .001^{***}$). Outliers are top-coded for the parental work hours variables.