Strengthening Couple Functioning Promotes Resilience to COVID-19-Related Stressors Among Black Americans
Table S1: Items and response options for measures of couple functioning

A. Effective Communication

Response options: 1 = *Strongly disagree*, 2 = *Disagree*, 3 = *Agree*, and 4 = *Strongly agree*

*Think about the relationship with your partner…*
1. My partner listens when I talk about the things that are stressing me.
2. My partner understands my stresses.
3. When I talk about my problems to my partner, [she/he] tries to help me feel better.
4. Just talking about my problems with my partner helps me feel better.
5. I try to understand the stresses in my partner's life.
6. I try to be supportive when my partner is more stressed than usual.
7. I try to notice if I am in a bad mood before I talk to my partner about important issues.
8. Before my partner and I talk about something important, I rate my mood on a scale from 1-10.
9. I make sure my bad moods don't “get dumped on” my partner.
10. I try to avoid letting angry, emotional reactions take over when I talk about something important with my partner.

B. Relationship Confidence

Response options: 1 = *Strongly disagree*, 2 = *Disagree*, 3 = *Neither agree nor disagree*, 4 = *Agree*, and 5 = *Strongly agree*

1. I believe my partner and I can handle whatever conflicts arise in the future.
2. I feel good about my and my partner's prospects to make this relationship work for a lifetime.
3. I am very confident when I think of my future with my partner.
4. My partner and I have the skills a couple needs to make a relationship last.
C. Relationship Satisfaction

Response options: 1 = Strongly disagree, 2 = Disagree, 3 = Neither agree nor disagree, 4 = Agree, and 5 = Strongly agree

1. My partner and I have a good relationship.
2. My relationship with my partner is stable.
3. My relationship with my partner is strong.
4. My relationship with my partner is happy.
5. I feel like a part of a team with my partner.

Response options: 1 = Very unhappy, 2 = Unhappy, 3 = Happy, 4 = Very happy, and 5 = Perfectly happy

6. Which best describes the degree of happiness, everything considered, in your relationship?

D. Perceived Partner Support

Response options: 1 = Almost never, 2 = Rarely, 3 = Occasionally, 4 = Often, and 5 = Almost always

1. I feel intimate with my partner.
2. My partner is someone I can confide in.
3. I feel I can share my most private worries and fears with my partner.
4. I can tell my partner about both good things and bad things that happen to me.
5. I can talk to my partner about more things now than I could when we were first dating.
Table S2.
Correlations among couple functioning measures (N = 324)

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Note: ∆ = Stable Change from baseline (W1) to mean of all follow-up assessments (W2-W5).
* p < .05; ** p < .01 (two-tailed tests).