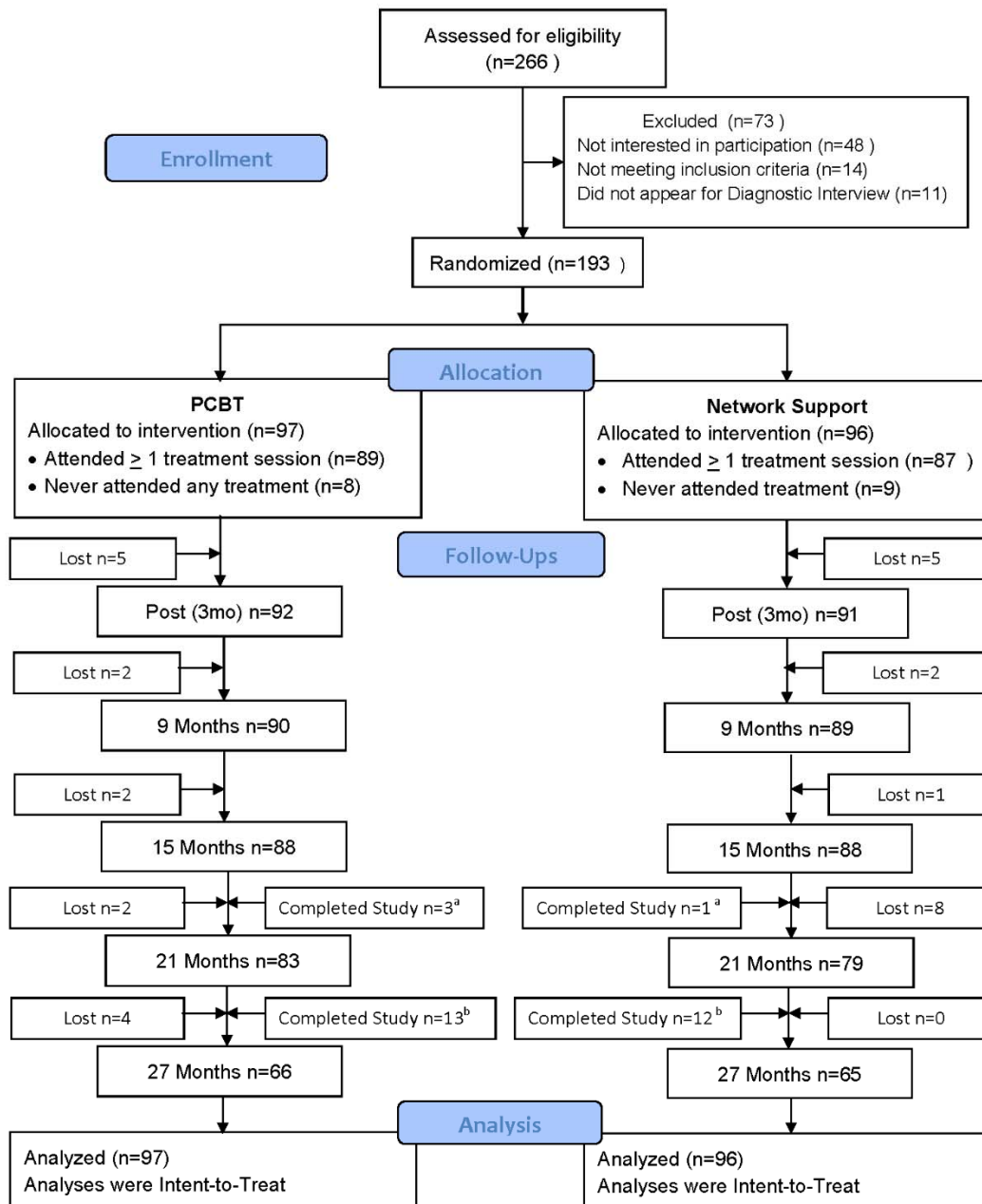# Daily Drinking and Social Network Interactions in Network Support Treatment

Supplementary Materials

**A. CONSORT Patient Flow Diagram.**
Note: Only patients recruited through 6 months are included in the analyses described in this paper.

**Network Support II Patient Flow Diagram**



[a] Patients only followed to the 15-month point
[b] Patients only followed to the 21-month point
With earlier completers taken into account, Follow-up rate=79.8%

**B. Treatment Topics**

Note: the treatment manuals used in this study were registered with National Registry of evidence-Based Programs and Practices (NREPP).

Copies of the manuals and associated materials can be obtained from the Principal Investigator:

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Professor, Division of Behavioral Sciences MC3910
UConn Health
Farmington, CT 06030
Litt@uchc.edu
860-679-4680

Topics covered in each treatment are shown.

| Network Support | Packaged CBT |
|---|---|
| **Topic 1:  Program Introduction** | **Program Introduction & Managing Cravings I** |
| **Topic 2:  Need for Support** | **Managing Cravings II** |
| **Topic 3:  Getting active** | **Problem solving** |
| **Topic 4:  People, places and things** | **Drink refusal** |
| Topic 5:  Social Skills Identification | Anger Management |
| Topic 6:  Enabling | Receiving criticism about drinking |
| Topic 7:  Genogram | Managing negative thinking |
| Topic 8:  HALT | Introduction to assertiveness |
| Topic 9:  Social Skills: Conversations | Seemingly irrelevant decisions |
| Topic 10: Sober Living | Increasing pleasant activities |
| Topic 11: Increasing pleasant activities | Resolving relationship problems |
| Topic 12: Introduction to assertiveness | Developing social support networks |
| Topic 13 - 15: Conjoint sessions | Planning for emergencies |
| **Topic 16: Termination session** | Managing anxiety |
|  | **Termination session** |
|  |  |
| **Note: Core session are in bold type.** |  |

# Open Practices Disclosure

**Manuscript Title:**   Daily Drinking and Social Network Interactions in Network Support Treatment
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5. Are all of the analyses described in the registered plan reported in the article? If no, explain.\*

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