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Online Supplementary Appendix

Perceptual Aberration Scale (PAS)

Chapman, Chapman, & Raulin (1978)

- 1. I sometimes have had the feeling that some parts of my body are not attached to the same person.
- 2. Occasionally I have felt as though my body did not exist.
- 3. Sometimes people whom I know well begin to look like strangers.
- 4. My hearing is sometimes so sensitive that ordinary sounds become uncomfortable.
- 5. Often I have a day when indoor lights seem so bright that they bother my eyes.
- 6. My hands or feet have never seemed far away.
- 7. I have sometimes felt confused as to whether my body was really my own.
- 8. Sometimes I have felt that I could not distinguish my body from other objects around me.
- 9. I have felt that my body and another person's body were one and the same.
- 10. I have felt that something outside my body was a part of my body.
- 11. I sometimes have had the feeling that my body is abnormal.
- 12. Now and then, when I look in the mirror, my face seems quite different than usual.
- 13. I have never had the passing feeling that my arms or legs have become longer than usual.
- 14. I have sometimes felt that some part of my body no longer belongs to me.
- 15. Sometimes when I look at things like tables and chairs, they seem strange.
- 16. I have felt as though my head or limbs were somehow not my own.
- 17. Sometimes part of my body has seemed smaller than it usually is.
- 18. I have sometimes had the feeling that my body is decaying inside.
- 19. Occasionally it has seemed as if my body had taken on the appearance of another person's body.
- 20. Ordinary colors sometimes seem much too bright to me.
- 21. Sometimes I have had a passing thought that some part of my body was rotting away.
- 22. I have sometimes had the feeling that one of my arms or legs is disconnected from the rest of my body.
- 23. It has seemed at times as if my body was melting into my surroundings.
- 24. I have never felt that my arms or legs have momentarily grown in size.
- 25. The boundaries of my body always seem clear.

- 26. Sometimes I have had feelings that I am united with an object near me.
- 27. Sometimes I have had the feeling that a part of my body is larger than it usually is.
- 28. I can remember when it seemed as though one of my limbs took on an unusual shape.
- 29. I have had the momentary feeling that my body has become misshapen.
- 30. I have had the momentary feeling that the things I touch remain attached to my body.
- 31. Sometimes I feel like everything around me is tilting.
- 32. I sometimes have to touch myself to make sure I'm still there.
- 33. Parts of my body occasionally seem dead or unreal.
- 34. At times I have wondered if my body was really my own.
- 35. For several days at a time I have had such a heightened awareness of sights and sounds that I cannot shut them out.

Chapman, L. J., Chapman, J. P., & Raulin, M. L. (1978). Body-image aberration in schizophrenia. *Journal of Abnormal Psychology*, 87, 399-407.

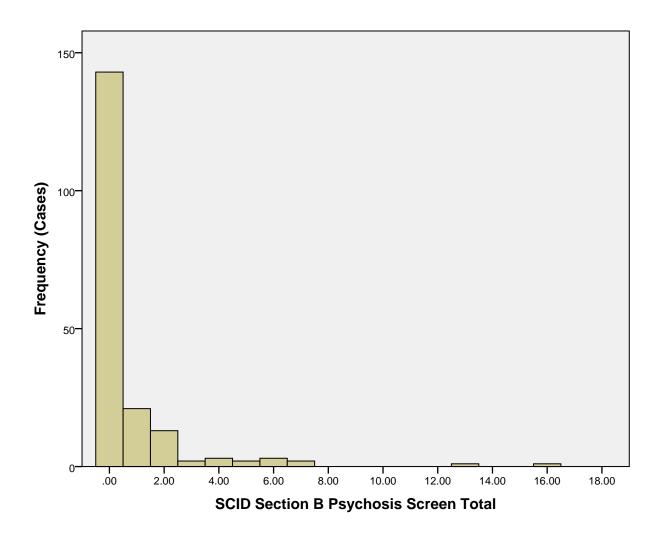


Figure 1. Distribution of psychotic features (hallucinations + delusions) in sample (n = 191).