|  |  |
| --- | --- |
| Table S1. Session by Session of homework compliance descriptives |  |
| **Session Assigned** | **Homework Assignment** | **Number of Attempts\*****(%)** | **Perceived Helpfulness\*\* (%)** | **Minutes****Spent on Homework****M (SD)** | **Average Percent of** **Weekly Homework** **Completed****M% (SD)** | **Average Therapist Homework Competency****Rating\*\*\*****M (SD)** |
| 1Dropout = 0 | Impact Statement  | 1 = 12.1 %2 = 19.0%3 = 39.7%4 = 8.6%5 = 20.7% | 1 = 15.4%2 = 7.7%3 = 48.7%4 = 17.9%5 = 10.3% | 138.78(196.03) | .84(.37) | 2.42(.74) |
| 2Dropout = 7 | ABC worksheet | 1 = 2.0%2 = 12.0%3 = 56.0%4 = 22.0%5 = 8.0% | 1 = 6.5%2 = 19.6%3 = 45.7%4 = 23.9%5 = 4.3% | 95.35(131.98) | .86(.75) | 3.94(1.01) |
| 3Dropout = 1 | ABC worksheet | 1 = 8.0%2 = 32.0%3 = 38.0%4 = 12.0%5 = 10.0% | 1 = 27.0%2 = 16.2%3 = 18.9%4 = 29.7%5 = 8.1% | 41.35(69.71) | .51(.60) | 3.18(1.10) |
| Written Account | 1 = 26.0%2 = 12.0%3 = 56.0%4 = 6.0%5 = 0.0% | 1 = 10.3%2 = 10.3%3 = 34.5%4 = 31.8%5 = 13.8% | 119.65(198.77) | .86(.35) |  |
| 4Dropout = 0 | ABC worksheet | 1 = 38.8%2 = 10.2%3 = 44.9%4 = 6.1%5 = 0.0% | 1 = 5.4%2 = 8.1%3 = 32.4%4 = 45.9%5 = 8.1% | 26.41(31.29) | .37(.56) | 3.00(1.01) |
| Written Account | 1 = 8.3%2 = 29.2%3 = 33.3%4 = 14.6%5 = 14.6% | 1 = 0.0%2 = 17.2%3 = 39.1%4 = 39.1%5 = 4.3% | 130.57(224.61) | .92(.27) |  |
| 5 Dropout = 4 | Challenging Questions worksheet | 1 = 14.6%2 = 19.5%3 = 53.7%4 = 9.8%5 = 2.4% | 1 = 3.0%2 = 12.1%3 = 24.2%4 = 54.5%5 = 6.1% | 70.58(138.95) | .50(.51) | 2.91(1.08) |
| 6Dropout = 2 | Patterns of Problematic thinking worksheet | 1 = 13.5%2 = 43.2%3 = 35.1%4 = 8.1%5 = 0.0% | 1 = 3.8%2 = 34.6%3 = 26.9%4 = 26.9%5 = 7.7% | 72.71(95.96) | .27(.29) | 2.67(1.14) |
| 7Dropout = 0 | Challenging Beliefs Worksheet | 1 = 32.4%2 = 29.4%3 = 29.4%4 = 8.8%5 = 0.0% | 1 = 0.0%2 = 14.3%3 = 39.3%4 = 35.7%5 = 10.7% | 57.27(67.17) | .35(.35) | 2.83(1.07) |
| 8Dropout = 0 | Challenging Beliefs Worksheet | 1 = 25.0%2 = 19.4%3 = 50.0%4 = 0.0%5 = 5.6% | 1 = 0.0%2 = 4.2%3 = 33.3%4 = 50.0%5 = 12.5% | 108.68(192.97) | .40(.43) | 2.76(1.16) |
| 9 Dropout = 0 | Challenging Beliefs Worksheet | 1 = 44.1%2 = 20.6%3 = 35.3%4 = 0.0%5 = 0.0% | 1 = 0.0%2 = 20.8%3 = 29.2%4 = 37.5%5 = 12.5% | 41.47(36.13) | .31(.30) | 2.73(1.31) |
| 10Dropout = 1 | Challenging Beliefs Worksheet | 1 = 30.0%2 = 20.0%3 = 43.3%4 = 3.3%5 = 3.3% | 1 = 0.0%2 = 21.4%3 = 30.4%4 = 39.1%5 = 8.7% | 55.00(53.10) | .37(.30) | 2.65(1.39) |
| 11Dropout = 0 | Challenging Beliefs Worksheet | 1 = 34.5%2 = 31.0%3 = 31.0%4 = 3.4%5 = 0.0% | 1 = 8.0%2 = 8.0%3 = 32.0%4 = 40.0%5 = 12.0% | 57.50(58.19) | .25(.31) | 2.77(1.10) |
| Final Impact Statement | 1 = 28.6%2 = 28.6%3 = 28.6%4 = 14.3%5 = 0.0% | 1 = 0.0%2 = 0.0%3 = 33.3.4%4 = 46.7%5 = 20.0% | 60.00(52.80) | .76(.43) |  |
| *Note*. \*Homework attempt ratings reflect the percentage of the sample who endorsed homework attempts on the following PARF likert scale (1 = not at all; 2 = fewer than two times; 3 = 2-5 times; 4 = 6-10 times; 5 = more than 10 times). \*\*Perceived helpfulness ratings reflect the percentage of the sample who endorsed the helpfulness of each homework assignment on the follow PARF likert scale (1 = not at all helpful; 2 = a little helpful; 3 = somewhat helpful; 4 = very helpful; 5 = extremely helpful). The number of participants who dropped out are reflected in column one. \*\*\*Competency ratings are on a 7-point scale ranging from poor to excellent, with 4 (satisfactory) being the midpoint. |  |