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| Table S1.  Session by Session of homework compliance descriptives | | | | | |  |
| **Session Assigned** | **Homework Assignment** | **Number of Attempts\***  **(%)** | **Perceived Helpfulness\*\* (%)** | **Minutes**  **Spent on Homework**  **M (SD)** | **Average Percent of**  **Weekly Homework**  **Completed**  **M% (SD)** | **Average Therapist Homework Competency**  **Rating\*\*\***  **M (SD)** |
| 1  Dropout = 0 | Impact Statement | 1 = 12.1 %  2 = 19.0%  3 = 39.7%  4 = 8.6%  5 = 20.7% | 1 = 15.4%  2 = 7.7%  3 = 48.7%  4 = 17.9%  5 = 10.3% | 138.78  (196.03) | .84  (.37) | 2.42  (.74) |
| 2  Dropout = 7 | ABC worksheet | 1 = 2.0%  2 = 12.0%  3 = 56.0%  4 = 22.0%  5 = 8.0% | 1 = 6.5%  2 = 19.6%  3 = 45.7%  4 = 23.9%  5 = 4.3% | 95.35  (131.98) | .86  (.75) | 3.94  (1.01) |
| 3  Dropout = 1 | ABC worksheet | 1 = 8.0%  2 = 32.0%  3 = 38.0%  4 = 12.0%  5 = 10.0% | 1 = 27.0%  2 = 16.2%  3 = 18.9%  4 = 29.7%  5 = 8.1% | 41.35  (69.71) | .51  (.60) | 3.18  (1.10) |
| Written Account | 1 = 26.0%  2 = 12.0%  3 = 56.0%  4 = 6.0%  5 = 0.0% | 1 = 10.3%  2 = 10.3%  3 = 34.5%  4 = 31.8%  5 = 13.8% | 119.65  (198.77) | .86  (.35) |  |
| 4  Dropout = 0 | ABC worksheet | 1 = 38.8%  2 = 10.2%  3 = 44.9%  4 = 6.1%  5 = 0.0% | 1 = 5.4%  2 = 8.1%  3 = 32.4%  4 = 45.9%  5 = 8.1% | 26.41  (31.29) | .37  (.56) | 3.00  (1.01) |
| Written Account | 1 = 8.3%  2 = 29.2%  3 = 33.3%  4 = 14.6%  5 = 14.6% | 1 = 0.0%  2 = 17.2%  3 = 39.1%  4 = 39.1%  5 = 4.3% | 130.57  (224.61) | .92  (.27) |  |
| 5  Dropout = 4 | Challenging Questions worksheet | 1 = 14.6%  2 = 19.5%  3 = 53.7%  4 = 9.8%  5 = 2.4% | 1 = 3.0%  2 = 12.1%  3 = 24.2%  4 = 54.5%  5 = 6.1% | 70.58  (138.95) | .50  (.51) | 2.91  (1.08) |
| 6  Dropout = 2 | Patterns of Problematic thinking worksheet | 1 = 13.5%  2 = 43.2%  3 = 35.1%  4 = 8.1%  5 = 0.0% | 1 = 3.8%  2 = 34.6%  3 = 26.9%  4 = 26.9%  5 = 7.7% | 72.71  (95.96) | .27  (.29) | 2.67  (1.14) |
| 7  Dropout = 0 | Challenging Beliefs Worksheet | 1 = 32.4%  2 = 29.4%  3 = 29.4%  4 = 8.8%  5 = 0.0% | 1 = 0.0%  2 = 14.3%  3 = 39.3%  4 = 35.7%  5 = 10.7% | 57.27  (67.17) | .35  (.35) | 2.83  (1.07) |
| 8  Dropout = 0 | Challenging Beliefs Worksheet | 1 = 25.0%  2 = 19.4%  3 = 50.0%  4 = 0.0%  5 = 5.6% | 1 = 0.0%  2 = 4.2%  3 = 33.3%  4 = 50.0%  5 = 12.5% | 108.68  (192.97) | .40  (.43) | 2.76  (1.16) |
| 9  Dropout = 0 | Challenging Beliefs Worksheet | 1 = 44.1%  2 = 20.6%  3 = 35.3%  4 = 0.0%  5 = 0.0% | 1 = 0.0%  2 = 20.8%  3 = 29.2%  4 = 37.5%  5 = 12.5% | 41.47  (36.13) | .31  (.30) | 2.73  (1.31) |
| 10  Dropout = 1 | Challenging Beliefs Worksheet | 1 = 30.0%  2 = 20.0%  3 = 43.3%  4 = 3.3%  5 = 3.3% | 1 = 0.0%  2 = 21.4%  3 = 30.4%  4 = 39.1%  5 = 8.7% | 55.00  (53.10) | .37  (.30) | 2.65  (1.39) |
| 11  Dropout = 0 | Challenging Beliefs Worksheet | 1 = 34.5%  2 = 31.0%  3 = 31.0%  4 = 3.4%  5 = 0.0% | 1 = 8.0%  2 = 8.0%  3 = 32.0%  4 = 40.0%  5 = 12.0% | 57.50  (58.19) | .25  (.31) | 2.77  (1.10) |
| Final Impact Statement | 1 = 28.6%  2 = 28.6%  3 = 28.6%  4 = 14.3%  5 = 0.0% | 1 = 0.0%  2 = 0.0%  3 = 33.3.4%  4 = 46.7%  5 = 20.0% | 60.00  (52.80) | .76  (.43) |  |
| *Note*. \*Homework attempt ratings reflect the percentage of the sample who endorsed homework attempts on the following PARF likert scale (1 = not at all; 2 = fewer than two times; 3 = 2-5 times; 4 = 6-10 times; 5 = more than 10 times). \*\*Perceived helpfulness ratings reflect the percentage of the sample who endorsed the helpfulness of each homework assignment on the follow PARF likert scale (1 = not at all helpful; 2 = a little helpful; 3 = somewhat helpful; 4 = very helpful; 5 = extremely helpful). The number of participants who dropped out are reflected in column one. \*\*\*Competency ratings are on a 7-point scale ranging from poor to excellent, with 4 (satisfactory) being the midpoint. | | | | | |  |