

IOK POST TREATMENT FEEDBACK INTERVIEW

Semi-Structured Qualitative Interview for Veteran participants

This is a semi-structured interview guide. The interviewer may vary the suggested language or question wording to elicit information relevant to the interviewee's experience, and the interviewer may ask additional questions for follow-up and clarification. Not all questions will be appropriate for all interviewees. To determine which questions are appropriate, the interviewer should use his/her discretion based on the interviewee's background and responses.

Introduction

Greet the interviewee. Thank them for being willing to complete the interview. Explain the following:

1. *That the purpose of the interview is to learn more information about their opinion of the treatment and recommendations for any changes that should be made to improve it.*
2. *How long the interview takes and reminder that participant can end at any time.*
3. *That participating is completely voluntary.*
4. *That you are audio-recording the interview and that you will not be addressing them by name during the interview so that it is not included in the audio recording.*
5. *That anything shared is confidential, and we value their honest feedback.*
6. *Their study therapist will not see/hear their individual feedback. All participant feedback will be transcribed, coded and combined for data analysis. Study therapists will only see general results of all participant feedback combined.*

Interview Questions

1. Please tell me a little bit about your experience in IOK treatment...
 - a. How did the program meet your expectations, and how did it fall short?
 - b. How well did the program meet your unique cultural needs—for example, your religious, ethnic, or familial needs? Was it a good fit or a poor fit? How so?
2. How has your life changed since you began IOK treatment?
 - a. Have you noticed any changes in how you are **feeling** day to day?
 - i. What about your feelings about yourself—how have they changed?
 - b. Have you noticed any changes in what you are **doing** day to day?
 - i. Can you walk me through an example?
 - ii. Are there things you feel able to do now that you couldn't do before? What sorts of things?
 - c. Have you noticed any changes in your **relationships** with others?
 - i. How would you describe those changes?
 - ii. Any difference in either how or how much you're connecting with other people?
 - d. Have you noticed any changes in your **spiritual life** or your spiritual practices? In your beliefs or your faith?

- i. How would you describe those changes?
- e. Have **other people** noted or commented on any differences in you since you began treatment?
 - i. Who has noticed a change?
 - ii. What did they say or comment on?
- 3. Thinking about the positive changes you've experienced since you started IOK treatment, how do you think you will maintain those gains?
 - a. What will help you along the way?
 - b. What might get in the way of maintaining the gains you've made?
- 4. To reach the goals you laid out for yourself during IOK treatment, what work remains to be done?
 - a. What tools from IOK, if any, will help you do that work?
 - i. Do you think you'll continue to work on your forgiveness plan? Your amends plan? Why/why not? How so?
 - b. What else do you think you will need in order to reach your goals?
 - c. What might get in the way for you?
 - i. What might help you overcome those obstacles?
- 5. Overall, how would you describe *your* outlook for *your* future?
 - a. How are you feeling about your ability to live the kind of life you want to live, or to be the kind of person you want to be?
 - b. Tell me why you answered as you did? What gives you hope, and what chips away at your hope?
- 6. If you could share one piece of advice with the people developing and disseminating the IOK treatment program, what would it be?
 - a. What else would you suggest? How else should we change or improve the program?
 - b. Do you have any other feedback that you would like to share about your experience in the IOK program?

[*Thank veteran for participating and end interview.*]