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| {Online Supplemental} Table 1  *Comparison of Mean Levels of “Interest in Integration of Spirituality and Mental Health” Using Analysis of Variance among Sampled Adults (N = 2050 a) in the California Mental Health System* | | | | |
| Variables | *M* | *SD* | *F* |  |
| Helpful spiritual practices b |  |  |  |  |
| Private spiritual practices |  |  | *F*(1, 1884) = 163.73, *p* < .001 |  |
| No | 9.92 | 3.11 |  |  |
| Yes | 12.09 | 2.65 |  |
| Public spiritual activities |  |  | *F*(1, 1884) = 136.65, *p* < .001 |  |
| No | 10.88 | 2.95 |  |  |
| Yes | 12.37 | 2.60 |  |
| Recreational spiritual activities |  |  | *F*(1, 1884) = 57.16, *p* < .001 |  |
| No | 11.05 | 2.93 |  |  |
| Yes | 12.08 | 2.74 |  |
| Mutual support spiritual activities |  |  | *F*(1, 1884) = 163.67, *p* < .001 |  |
| No | 10.82 | 2.91 |  |  |
| Yes | 12.44 | 2.58 |  |
| Religious affiliations |  |  | *F*(1, 1879) = 37.52, p < .001 |  |
| No affiliation c | 10.22 | 3.15 |  |  |
| Non-Judeo-Christian d | 11.18 | 2.99 |  |  |
| Judeo-Christian e | 12.02 | 2.65 |  |  |
| Multiple religions f | 12.24 | 2.78 |  |
| Religious identity |  |  | *F*(1, 1805) =83.89, p < .001 |  |
| Neither spiritual nor religious g | 9.01 | 3.07 |  |  |
| Religious, not spiritual h | 10.66 | 2.66 |  |  |
| Spiritual and religious i | 11.96 | 2.68 |  |
| Spiritual, not religious j | 12.29 | 2.58 |  |
| Race and ethnicity k |  |  | *F*(1, 1688) =2.25, p < .05 |  |
| Mixed race | 11.00 | 3.03 |  |  |
| American Indian, Alaska Native | 11.70 | 3.13 |  |  |
| European American | 11.71 | 2.86 |  |  |
| Asian, Pacific Islander | 11.97 | 2.18 |  |  |
| African American | 11.99 | 2.95 |  |  |
| Latina/o | 12.09 | 2.58 |  |  |
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*Note*. a n sizes varied across items based on the number of missing responses

b Items reflect subscales of spiritual practice items that respondents could report as being “helpful to their mental health.” The four subscales were each scored “No” reflecting no endorsement of practices in this subscale or “Yes” reflecting endorsement of one or more of the included spiritual practice items. The specific items are presented in Table 3.

c Significant differences between no affiliation and Judeo-Christian (*p* < .01), Non-Judeo-Christian religions (*p* < .01), and multiple religions (*p* < .01).

d Significant differences between Non-Judeo-Christian religions and Judeo-Christian (*p* < .01), no affiliation (*p* < .01), and multiple religions (*p* < .01).

e Significant difference between Judeo-Christian and Non-Judeo-Christian religions (*p* < .01) and no affiliation (*p* < .01). Jewish and Christian denominations are not differentiated for this variable.

f Significant differences between multiple religions and Non-Judeo-Christian religions (*p* < .01), and no affiliation (*p* < .01). Participants could indicate more than one affiliation; anyone doing so was placed in this category only.

g Significant differences between "neither spiritual nor religious" and all other religious identities (all *p* < .001).

h Significant differences between "religious, not spiritual" and all other religious identities (all *p* < .001).

i Significant differences between "spiritual and religions" and "religious, not spiritual" and "neither spiritual nor religious" (all *p* < .001).

j Significant differences between "spiritual, not religious" and "religious, not spiritual" and "neither spiritual nor religious" (all *p* < .001).

k Differences between the racial and ethnic groups were not statistically significantly different.