

Supplemental File One

Description of Searching

The following search terms were used in these databases excluding Google Scholar and Single Case Archive: (a) Sikh*, Punjab*, Panjab*, gurdwara*, gurudwara*, gurduara*, sirdar*, guru*, sardar*, kirpan*, turban*, udasi*, Nirmala*, nanakpanthi*, khalsa*, sahadhari*, “namdhari kuka”, Nirankari*, sarvaria*, “guru granth sahib”, Simran, kirtin, Gurbani, Gurmukh*, Waheguru, Khalistan, “Asian Indian*”, “East indian*”, “Indo-Canadian*”, “South Asian*”, and “India*,” and (b) Psychotherap*, Therap*, Counsel*, and “Psychological Treatment.” Single Case Archive, which does not provide advanced searching procedures, was searched for the following terms: Sikh, Punjabi, and Asian. Systematic literature searches were conducted in Google Scholar using the specific search terms listed below. Only the first 100 results for each of the 120 Google Scholar searches were reviewed due to the extremely low specificity and enormous search hit results of Google Scholar searches.

Search #		Search term	
1	sikh	AND	"psychological treatment"
2	sikh	AND	"psychological treatments"
3	sikh	AND	counseling
4	sikh	AND	counselor
5	sikh	AND	counselling
6	sikh	AND	counsellor
7	sikh	AND	psychotherapeutic
8	sikh	AND	psychotherapist
9	sikh	AND	psychotherapy
10	sikh	AND	psychotherapies
11	sikhism	AND	"psychological treatment"
12	sikhism	AND	"psychological treatments"
13	sikhism	AND	counseling
14	sikhism	AND	counselor
15	sikhism	AND	counselling

16	sikhism	AND	counsellor
17	sikhism	AND	psychotherapeutic
18	sikhism	AND	psychotherapist
19	sikhism	AND	psychotherapy
20	sikhism	AND	psychotherapies
21	punjab	AND	"psychological treatment"
22	punjab	AND	"psychological treatments"
23	punjab	AND	counseling
24	punjab	AND	counselor
25	punjab	AND	counselling
26	punjab	AND	counsellor
27	punjab	AND	psychotherapeutic
28	punjab	AND	psychotherapist
29	punjab	AND	psychotherapy
30	punjab	AND	psychotherapies
31	punjabi	AND	"psychological treatment"
32	punjabi	AND	"psychological treatments"
33	punjabi	AND	counseling
34	punjabi	AND	counselor
35	punjabi	AND	counselling
36	punjabi	AND	counsellor
37	punjabi	AND	psychotherapeutic
38	punjabi	AND	psychotherapist
39	punjabi	AND	psychotherapy
40	punjabi	AND	psychotherapies
41	panjab	AND	"psychological treatment"
42	panjab	AND	"psychological treatments"
43	panjab	AND	counseling
44	panjab	AND	counselor
45	panjab	AND	counselling
46	panjab	AND	counsellor
47	panjab	AND	psychotherapeutic
48	panjab	AND	psychotherapist
49	panjab	AND	psychotherapy
50	panjab	AND	psychotherapies
51	panjabi	AND	"psychological treatment"
52	panjabi	AND	"psychological treatments"

53	panjabi	AND	counseling
54	panjabi	AND	counselor
55	panjabi	AND	counselling
56	panjabi	AND	counsellor
57	panjabi	AND	psychotherapeutic
58	panjabi	AND	psychotherapist
59	panjabi	AND	psychotherapy
60	panjabi	AND	psychotherapies
61	"asian indian"	AND	"psychological treatment"
62	"asian indian"	AND	"psychological treatments"
63	"asian indian"	AND	counseling
64	"asian indian"	AND	counselor
65	"asian indian"	AND	counselling
66	"asian indian"	AND	counsellor
67	"asian indian"	AND	psychotherapeutic
68	"asian indian"	AND	psychotherapist
69	"asian indian"	AND	psychotherapy
70	"asian indian"	AND	psychotherapies
71	"asian indians"	AND	"psychological treatment"
72	"asian indians"	AND	"psychological treatments"
73	"asian indians"	AND	counseling
74	"asian indians"	AND	counselor
75	"asian indians"	AND	counselling
76	"asian indians"	AND	counsellor
77	"asian indians"	AND	psychotherapeutic
78	"asian indians"	AND	psychotherapist
79	"asian indians"	AND	psychotherapy
80	"asian indians"	AND	psychotherapies
81	"east indian"	AND	"psychological treatment"
82	"east indian"	AND	"psychological treatments"
83	"east indian"	AND	counseling
84	"east indian"	AND	counselor
85	"east indian"	AND	counselling
86	"east indian"	AND	counsellor
87	"east indian"	AND	psychotherapeutic
88	"east indian"	AND	psychotherapist
89	"east indian"	AND	psychotherapy

90	"east indian"	AND	psychotherapies
91	"east indians"	AND	"psychological treatment"
92	"east indians"	AND	"psychological treatments"
93	"east indians"	AND	counseling
94	"east indians"	AND	counselor
95	"east indians"	AND	counselling
96	"east indians"	AND	counsellor
97	"east indians"	AND	psychotherapeutic
98	"east indians"	AND	psychotherapist
99	"east indians"	AND	psychotherapy
100	"east indians"	AND	psychotherapies
101	indo-canadian	AND	"psychological treatment"
102	indo-canadian	AND	"psychological treatments"
103	indo-canadian	AND	counseling
104	indo-canadian	AND	counselor
105	indo-canadian	AND	counselling
106	indo-canadian	AND	counsellor
107	indo-canadian	AND	psychotherapeutic
108	indo-canadian	AND	psychotherapist
109	indo-canadian	AND	psychotherapy
110	indo-canadian	AND	psychotherapies
111	khalsa	AND	"psychological treatment"
112	khalsa	AND	"psychological treatments"
113	khalsa	AND	counseling
114	khalsa	AND	counselor
115	khalsa	AND	counselling
116	khalsa	AND	counsellor
117	khalsa	AND	psychotherapeutic
118	khalsa	AND	psychotherapist
119	khalsa	AND	psychotherapy
120	khalsa	AND	psychotherapies
