BEHAVIOR AND FEELINGS SURVEY – CAREGIVER

How much has your child had each of the following problems during the past week? Use a 0 to 4 scale.

0 = *not a problem* **4 = *a very big problem***

Thoughts and Feelings	**Rating (0-4)**
1. Feeling sad	
2. Feeling bad about himself/herself, or not liking himself/herself	
3. Feeling down or depressed	
4. Feeling nervous or afraid	
5. Worrying about bad things happening	
6. Thinking sad or scary thoughts over and over again	
Conduct and Behavior	
7. Talking back or arguing with parents or other adults	
8. Refusing to do what adults tell him/her to do	
9. Doing things he/she is not supposed to do	
10. Being rude or disrespectful to people	
11. Arguing with people	
12. Breaking rules at home or at school	

Copyright © 2015, President and Fellows of Harvard College. All rights reserved.
This measure is made freely available to all who wish to use it. There is no fee and no requirement for licensure or formal approval.

These copyrighted works were created by John R. Weisz, Ph.D., Kristel Thomassin, Ph.D., Jacqueline Hersh, Ph.D., and Rachel Vaughn-Coaxum, M.A., of Harvard's Laboratory for Youth Mental Health.

Note: The measure is shown here as originally developed, administered, and copyrighted. Future users of the BFS caregiver and teacher scales are permitted to modify the items containing gendered pronouns (items 2, 8, and 9; himself/herself, him/her, he/she) to more inclusive forms (themselves, them, they).

BEHAVIOR AND FEELINGS SURVEY – YOUTH

How much have you had each of the following problems during the past week? Use a 0 to 4 scale.

0 = *not a problem* **4 = *a very big problem***

My Thoughts and Feelings	Rating (0-4)
1. I feel sad	
2. I feel bad about myself, or don't like myself	
3. I feel down or depressed	
4. I feel nervous or afraid	
5. I worry about bad things happening	
6. I think sad or scary thoughts over and over again	
My Conduct and Behavior	
7. I talk back or argue with my parents or other adults	
8. I refuse to do what adults tell me to do	
9. I do things I am not supposed to do	
10. I am rude or disrespectful to people	
11. I argue with people	
12. I break rules at home or at school	

Copyright © 2015, President and Fellows of Harvard College. All rights reserved.
This measure is made freely available to all who wish to use it. There is no fee and no requirement for licensure or formal approval.

These copyrighted works were created by John R. Weisz, Ph.D., Kristel Thomassin, Ph.D., Jacqueline Hersh, Ph.D., and Rachel Vaughn-Coaxum, M.A., of Harvard's Laboratory for Youth Mental Health.

BEHAVIOR AND FEELINGS SURVEY – TEACHER

How much has the child had each of the following problems during the past week? Use a 0 to 4 scale.

0 = *not a problem* **4 = *a very big problem***

Thoughts and Feelings	Rating (0-4)
1. Feeling sad	
2. Feeling bad about himself/herself, or not liking himself/herself	
3. Feeling down or depressed	
4. Feeling nervous or afraid	
5. Worrying about bad things happening	
6. Thinking sad or scary thoughts over and over again	
Conduct and Behavior	
7. Talking back or arguing with parents or other adults	
8. Refusing to do what adults tell him/her to do	
9. Doing things he/she is not supposed to do	
10. Being rude or disrespectful to people	
11. Arguing with people	
12. Breaking rules at home or at school	

Copyright © 2015, President and Fellows of Harvard College. All rights reserved.
This measure is made freely available to all who wish to use it. There is no fee and no requirement for licensure or formal approval.

These copyrighted works were created by John R. Weisz, Ph.D., Kristel Thomassin, Ph.D., Jacqueline Hersh, Ph.D., and Rachel Vaughn-Coaxum, M.A., of Harvard's Laboratory for Youth Mental Health.

Note: The measure is shown here as originally developed, administered, and copyrighted. Future users of the BFS caregiver and teacher scales are permitted to modify the items containing gendered pronouns (items 2, 8, and 9; himself/herself, him/her, he/she) to more inclusive forms (themselves, them, they).