

Supplemental Table 1. Results of 4-Factor Exploratory Factor Analysis

Item	1	2	3	4
1 My partner values my physical attractiveness over who I am as a person	0.44	0.36	-0.01	0.04
2 My partner comments on my physical attractiveness more than my other attributes	0.45	0.34	0.02	-0.12
3 My partner focuses on sex with me over other aspects of our relationship	0.69	0.10	-0.18	-0.06
4 Sex is the primary reason my partner is with me	0.69	-0.02	-0.08	0.18
5 My partner pays too much attention to my physical appearance	0.36	0.52	-0.03	0.00
6 It is very important to my partner that I look attractive, regardless of how I feel	0.21	0.62	-0.02	0.05
7 My partner compliments my appearance at inappropriate times	0.49	0.21	0.02	0.06
8 My partner compliments me on my attractiveness more than my other features	0.37	0.46	0.05	-0.12
9 My partner values sex with me over other aspects of our relationship	0.66	0.09	-0.12	0.00
10 My partner wants to have sex with me, even if I'm not really in the mood	0.60	-0.01	-0.21	-0.27
11 My partner requests that I send them nude pictures more frequently than I would like	0.61	0.10	0.04	0.12
12 My partner tries to initiate sex when they know I'm not interested	0.62	0.08	-0.16	-0.17
13 My partner scans my body with their eyes more frequently than I want	0.46	0.38	0.00	0.00
14 My partner often scans my body in ways that make me feel uncomfortable	0.51	0.25	0.01	0.22
15 My partner stares at my body in ways that make me feel bad	0.53	0.10	-0.04	0.29
16 I often notice my partner staring at my body or body parts when I'm talking	0.48	0.27	0.16	-0.19
17 My partner stares at my body or body parts in inappropriate contexts	0.58	0.15	0.00	0.08
18 My partner compliments my body parts more frequently than I want	0.56	0.29	0.07	-0.05
19 My partner tells me that they like when I wear clothing that shows off my body, regardless of my comfort	0.39	0.30	0.05	0.02
20 During conversations, my partner prefers that I sit quietly and "look attractive"	0.42	0.35	0.12	0.31
21 My partner expresses strong preferences about the clothes I wear	-0.06	0.81	-0.09	-0.11
22 My partner expresses unsolicited opinions about the clothing I wear	0.02	0.67	-0.16	-0.04
23 My partner has strong opinions about whether I should get piercings or tattoos	0.14	0.49	-0.02	0.02
24 My partner has encouraged me to get cosmetic procedures or surgery	0.44	0.25	0.11	0.25
25 My partner encourages me to exercise so that I look more attractive	0.05	0.64	0.00	0.11
26 My partner expresses strong preferences about my body hair	0.13	0.53	0.06	0.08
27 My partner makes suggestions about ways I could improve my appearance	-0.04	0.72	-0.02	0.05
28 My partner thinks I'm sexy no matter how I look	0.28	-0.07	0.67	-0.16
29 My partner appreciates all of my attributes--the physical and non-physical ones	-0.04	0.07	0.68	-0.08
30 My partner values me from the inside out	-0.20	0.08	0.65	-0.08
31 My partner finds me attractive no matter what	0.15	-0.02	0.72	-0.14
32 My partner finds me attractive no matter what my weight is	0.24	-0.14	0.71	-0.02
33 My partner values me even when I can't have sex	-0.26	0.02	0.66	0.05
34 My partner values me even when I don't want to have sex	-0.29	0.05	0.65	0.00
35 My partner thinks I'm sexy even if I don't look my best	0.19	-0.05	0.65	-0.20
36 If I feel bad about the way I look, my partner assures me that I'm attractive	0.14	-0.08	0.55	-0.09
37 My partner is always respectful when they comment on my physical appearance	0.03	-0.10	0.62	-0.01
38 My partner respects my choices around my bodily appearance	0.07	-0.09	0.62	0.04
39 My partner equally values my personality and physical appearance	0.01	0.12	0.62	-0.12
40 My partner is attracted to me regardless of how feminine or masculine my appearance is	0.14	-0.07	0.71	0.01
41 My partner rarely compliments my appearance	0.03	-0.14	-0.28	0.64
42 My partner initiates sex less often than I want	-0.22	0.09	-0.06	0.59
43 I wish my partner would tell me I'm attractive more often	-0.04	0.08	-0.02	0.55
44 I wish my partner would tell me I'm sexy more often	-0.05	0.14	-0.05	0.53
45 My partner criticizes my appearance	0.11	0.42	-0.24	0.19
46 My partner encourages me to lose weight	-0.02	0.50	-0.06	0.15
47 My partner disapproves when I don't look my best	0.02	0.63	-0.21	0.02
48 My partner suggests foods I should eat to stay or look attractive, even when I don't ask	0.12	0.64	0.06	0.16
49 My partner offers unsolicited advice on what to wear to look my best	-0.02	0.70	-0.09	-0.01
50 My partner thinks my food choices make my body less attractive	0.11	0.41	-0.19	0.31
51 My appearance disgusts my partner	0.27	0.06	-0.14	0.49
52 My partner often looks at my body with revulsion	0.38	0.25	0.04	0.40
53 My partner thinks my sexual desires are unimportant	0.03	0.01	-0.27	0.48
54 During sex, my partner prioritizes their pleasure over mine	0.26	0.14	-0.20	0.18
55 My partner wishes the physical shape of my body was different	0.11	0.29	-0.25	0.34
56 My partner is more likely to compliment me when I look my best	-0.13	0.48	-0.05	0.05
57 My partner doesn't seem to notice changes in my appearance	0.16	-0.17	-0.15	0.34
58 My partner is focused on my personality (e.g., intellect, humor) over my physical appearance	-0.07	-0.07	0.58	0.35
59 My partner values my personality over my body	-0.19	0.07	0.62	0.27
60 My partner would want to be with me even if I looked completely different	-0.01	0.04	0.58	0.06

61	My partner would stay with me, even if we no longer had sex	-0.25	0.01	0.53	0.22
62	If my body changed over the course of our relationship, my partner would still value me	-0.09	-0.01	0.65	-0.04
63	My partner frequently shows me they appreciate my personality over my physical appearance	-0.01	-0.01	0.63	0.15
64	My partner appreciates my company even if we're not physical	-0.28	0.06	0.60	-0.01
65	My partner sees me as a sexual object	0.64	-0.02	-0.25	-0.05
66	My partner frequently sexually objectifies me in ways that make me feel uncomfortable	0.71	0.03	0.01	0.27
67	I don't feel like my partner sees me as a full-fledged human being	0.41	-0.01	-0.09	0.36
68	It's as if my partner thinks I'm a sexual machine	0.63	-0.07	-0.19	0.01
69	My partner treats me as a sexual instrument	0.69	-0.08	-0.22	0.04
70	My partner exploits me sexually	0.63	0.11	0.05	0.22
71	My partner doesn't see me as fully human	0.44	-0.07	-0.16	0.36
72	My partner uses me sexually	0.60	0.03	-0.17	0.03
73	My partner would be just as satisfied if they were with someone else who looked like me	0.34	0.11	-0.12	0.26

Note. Bold items are positively valenced (i.e., lower scores reflect less objectification). Salient factor loadings (> |.40|) are shaded. Factor loadings greater than |.30| are bolded.