

Table 1. *Participants' typology of victimization (acquaintances or friends)*

Victimizing event	% Study 1
Detention	11.9
Beaten	3.7
Injured	7.3
Threats	24.8
Extortion	15.6
Forced Displacement	9.2

Table 2. *Experimental conditions' videos*

Study 1		
Experimental Condition	Video Duration	Video Edited
C0 = Statistical-Informative	5:00 min	https://youtu.be/d_msH8DtEIY
C1 = Victimization+commitment.	10:00 min	https://youtu.be/_w4MH9kIsVc
C2 = Victimization	5:00 min	https://youtu.be/Wowe6MOZWXA
C3 = Commitment	5:00 min	https://youtu.be/k-bKx6_0mN8
Study 2		
C0 = Statistical-Informative	5:00 min	https://youtu.be/EelzDeQFsB4
C1 = Victimization+commitment.	10:00 min	https://youtu.be/xjGcAffvaFY
C2 = Victimization	5:00 min	https://youtu.be/8x9fmN_ikMI
C3 = Commitment	5:00 min	https://youtu.be/MRAoan4qXRU

Note. – All victims are present in all conditions. Background music for all videos: *Storms in Africa*” By Enya.

Table 3. Transcript of the testimonies

Victim	Testimonies
Study 1	
Luz Dary Santiesteban: Victim of displacement, forced disappearance and sexual violence by paramilitaries in Buenaventura	(Narrative Victimization): Victimization and Victimization + Commitment Conditions In addition to threats, I have been harassed, I have been tortured. And this one who is speaking to you has also been a victim of several armed groups. I was raped... There were 4 of them in "La gloria". I know what that feels like, and it is the dirtiest thing. I didn't talk about it, I kept quiet for many years. They disappeared Juan Manuel... I say that it is a way to continue torturing the family, because if your relative is in the river, when are you going to find him? If he is in the sea, when are you going to find him? But they have also tried to recruit my remaining sons. One of them was going to be killed by another one of these groups. (When they were going to recruit him) I told my grandson that day to go into the house, so I went out and told them: "Why are you coming to call my grandson, I am his grandmother, what did he do to you, because I know your mother, your mother and your mother... I know each one of you and if you are going to shoot him, we will see how you are going to do it, but you are not going to take my grandson away. That day they didn't take him away, thank God. (Narrative coexistence): Commitment and Victimization + Commitment Conditions I am the representative of the community council of the village of La Gloria and I am part of the organization "Mothers for Life", where we are three leaders who believe and dream of a better Colombia and a better Buenaventura. In this organization we promote justice and peace and we want the violence to end. We have been leading the process of "Mothers for Life" since 2004 and we meet every month. We met first to make sit-ins (protests) to all the armed groups to stop the violence. "Mothers for life" is because we are givers of life, and that is why we identify ourselves with the womb... Because what we are doing we are not doing wrong, we are creating awareness to other women and at the same time demonstrating that united we can fight and every day that we are united we become stronger and every day we are like "the herd". After we were housewives, peasants, fisherwomen, we became lawyers, and we learned the laws to be able to fight.
Bertha Lucía Fries: Victim of FARC terrorist attack in Bogotá.	(Narrative Victimization): Victimization and Victimization + Commitment Conditions This club (Club el Nogal, site of the attack), felt the FARC terrorist attack on February 3, 2007. 36 dead and 198 wounded. I personally had spinal fracture 3 and 4, 5,6 and 7 were stuck and I could only move 3 fingers and I was disabled 8 and a half years. This is to give a context and say who I am and what I stand for. (Narrative coexistence): Commitment and Victimization + Commitment Conditions Also to say from the beginning how I went from hatred, because I hated the FARC and I have said it in the media, I hated them. We are about to celebrate 10 years since the first mobilization against the FARC. But I want to say that reconciliation is possible, because it is not only mine, but we have already done it with other victims of the attack by the Club, who have been an important group. We have had two meetings with victims and perpetrators and we have achieved what we call "reconciliation with values".

Rafael Posso: Victim of massacre by paramilitaries in the village of "Las Brisas".	(Narrative Victimization): Victimization and Victimization + Commitment Conditions My community belongs to Las Brisas, where there was a massacre on March 11, 2000, where 12 peasants were killed, among them three of my relatives. They (the paramilitaries) arrived there, and my uncle said: "If they are going to kill me, they will kill me here, but I am not going to go to another town". Handcuffed, my uncle sees that they kill José, my older cousin, 33 years old, whose throat is slit. At the same time they hit my uncle with blows and machetes in his legs and throw him to the ground where they hit him with a machete in the chest and another in the face and then slit his throat. Then they grab Alfredo Luis and cut off his ear and kill him. In that context, in that environment, it is not possible to talk about... (Narrative coexistence): Commitment and Victimization + Commitment Conditions My son, José Alfredo, when he was 8 years old, told me: "Daddy, I would like to have the people who killed my grandfather and my two uncles in front of me to kill them". So what was my reflection? Well, that if that hatred that I had, that was consuming me, I was passing it on to a child, I was hurting his life because I was turning him into a person who could become a victimizer. It was there that art began to work wonders with us. Through songs, through drawings, through conversation, through sharing, we began to be capable. We forgive, but we do not forget, and we continue to fight for history to be known, because what is known will never be repeated and that is what we want. I tell you that today you ask my son if he has the desire to take revenge, to kill, and he says no, because for him that is already dead. What happened with me and my son is what we want to replicate for the new generations: A generation without hatred, without violence, but that knows our history.
Laura Ulloa: Victim of kidnapping at the age of 11 by the FARC in Cali.	(Narrative Victimization): Victimization and Victimization + Commitment Conditions When I first saw them (FARC) get on the bus, for a moment I thought: "Surely something is happening and they are coming to rescue us". Then I felt that they took only me off, I was in the last seat on the bus. I saw all the children seated and only I was taken off the bus and I felt very scared at that moment. That's when they kidnapped me. The first few times I saw the messages my parents sent me, it was very difficult. I couldn't stop crying. I felt an enormous helplessness. I was released a few months later. (Narrative coexistence): Commitment and Victimization + Commitment Conditions I never imagined working with a demobilized member of the FARC, let alone the Self- Defense Forces. But I feel that I am very happy doing it, because for them the fact that a victim agrees to work with them is a huge vote of confidence, and the same for me. I think this is an important example that this country should start looking at because in the very near future, in Colombia we have to accept that we are going to be working with victims, with people from civil society and probably with demobilized people. I do this because I went through such a difficult time, I really wouldn't want anyone else to go through it again. I can't hate them, I can't feel hatred for people who have also suffered so much... Of course, the guerrillas are not the best in the world and they did many bad things, but I, at that age, that's what I thought.
Study 2	

Fernando Garrido: Victim of ETA. His father, mother and brother were assassinated in an attack on October 25, 1986.	(Narrative Victimization): Victimization and Victimization + Commitment Conditions My father was governor in San Sebastian, and they (ETA) put a bomb in the car when my mother and my brother and the driver were in it. That day my father died, my mother and my brother, the driver was saved, although he was badly injured. I felt very upset, disoriented... Bad. During the Gleencree program, I spoke. I had a hard time getting everything out and had a very bad afternoon. But everyone listened to me for as long as I spoke. I felt empathy, sympathy for being there, for understanding the pain of the other, which in short is the basis of the whole victim experience. It is to be able to say "you can think as you want, but you have explained your pain to me and I feel it as mine". (Narrative coexistence): Commitment and Victimization + Commitment Conditions I have loved the experience (Restorative Encounters). Personally for the overcoming, for the new experience of opening my head to new possibilities. After going, my uncle came to see me and gave me a hug and told me "Very good Fernando". For me that family support was very nice because he (my uncle) accepted what I had done by bringing me closer to other victims. Only if we manage to open ourselves to new ideas, that would be enough. I'm not talking about anything else, only about giving food for thought and stirring up those closed consciences. I have always been rather more open than other people in my situation, but this experience opened me up more. I have not changed my way of thinking, nor my politics, nor anything else. But I have only seen that there has been suffering on the other side and if that can be of some use, then welcome.
Edurne Brouard: Victim of GAL. Father murdered on November 20, 1984.	(Narrative Victimization): Victimization and Victimization + Commitment Conditions I called the company to find out where I had a meeting and at what time. It came at a time and he said to me: "Are you Edurne, Edurne Brouard," I said, "Yes, I am. He said "Look, there is nobody here, because your father has been shot in his office and everybody is there". My father had told me: "They are going to kill me (GAL), and they are going to kill me in my office, because my office is open to everyone and I am not going to close it, because if they get us to stop doing what we have to do, they have already beaten us". When I arrived at the office, I asked where the police were and whether my father was alive or not, but no one would tell me anything. (Narrative coexistence): Commitment and Victimization + Commitment Conditions There were times during the Greenree experience where I wanted to leave. But I made the effort to stay and it was worth it. We start from the mutual recognition of the victims of all groups, of the suffering and pain of others that we recognize equally for all. We propose that, from this recognition, all the violence suffered by all of us has been unjust. And this initiative demonstrates an important thesis, which is that people understand each other by talking and that talking is possible, even among people who are as different and as battered as we are.
Aranxta Fika: Victim of vigilante groups. His parents are killed in a terrorist attack on January 20, 1980	(Narrative Victimization): Victimization and Victimization + Commitment Conditions When we found out, we said: "It can't be, it's a nightmare, tomorrow we wake up and we have dreamed everything" but no, we woke up and it wasn't a dream. I don't know whether to put it down to bad luck... My parents had gone to the cinema and on the way back they stopped for a coffee at the Bar. If they hadn't stopped for coffee, they would be here now.

	I remember the months after the attack, my house was a very sad house. We didn't talk, you have no support. We had to go live with my grandfather and he didn't understand us very well: how can a 70-year-old understand a 14-year-old child? (Narrative coexistence): Commitment and Victimization + Commitment Conditions You cry on your wedding day...You cry on the day your daughter is born, and those are supposed to be the happiest days of your life, and they are, but you cry. But that doesn't mean you can't be happy afterwards. When they told me I was pregnant and they told me it was a girl I cried with happiness... Now I think we can understand each other better.
Carmen Hernández: Victim of ETA. Her husband was murdered on June 4, 2000.	(Narrative Victimization): Victimization and Victimization + Commitment Conditions I was at home, I was ironing and I heard the news on the radio. My daughter, the little one, came and asked me: Mom, what's wrong, what's wrong, but I couldn't tell her anything. They replayed the news with the name and she listened to it. At the beginning you are out of place, like in a cloud, like floating. I think you are absent from everything that happens and you don't know anything. I don't even remember who came to my house. When he left, I felt empty, I had lost my partner, my friend, everything. (Narrative coexistence): Commitment and Victimization + Commitment Conditions I had to empty my head every day of worries and uneasiness, so I wrote. I wrote for a long time until I finally managed to say goodbye to Jesús Mari. The last letter I wrote to him was a farewell, because I did not let him rest and I had to let him go. From there I felt a certain peace and that helped me a lot. Faith helped me a lot, and I felt accompanied in that work. I have forgiven everything, and I am at peace with myself and with others in that sense.

Table 4. *Victims' information and source.*

Study 1				
Victim	typology of victimization	perpetrator group	Geographical zone	Source
Luz Dary Santiesteban	Sexual abuse, torture, attempted recruitment, forced displacement.	Paramilitary Groups	Pacific ocean coastline	El País – Newspaper: https://www.elpais.com.co/multimedia/videos/video-relato-de-dolor-y-valor-de-luz-dary-victima-del-conflicto-armado.html
Bertha Fries	Car bomb victim	FARC-EP	Center of the country	Noticias Uno - News: http://yamidamat.com.co/videos/victima-del-atentado-en-el-club-el-nogal/bertha-lucia-fries/979
Rafael Posso	Massacre victim	Paramilitary Groups	Atlantic ocean coastline	El espectador – Newspaper: https://www.elespectador.com/noticias/judicial/historia-del-perdon-de-victimas-de-masacre-de-brisas-lo-video-676343/
Laura Ulloa	Kidnapping	FARC-EP	Southeast of the country	Univisión – News: https://www.univision.com/noticias/proceso-de-paz/colombia-vota-polarizada-ante-el-reto-de-la-paz
Study 2				
Fernando Garrido	Victim of terrorism: ETA killed his father, mother and brother.	ETA	Fernando Garrido	https://www.eitb.eus/es/videos/detalle/1222564/video-etb-ofrece-documental-iniciativa-glencree/
Edurne Brouard	Victim of terrorism: Her father was killed by GAL	GAL (Anti-Terrorist Liberation Groups)	Edurne Brouard	https://www.eitb.eus/es/videos/detalle/1222564/video-etb-ofrece-documental-iniciativa-glencree/
Arantxa Fika	Victim of terrorism: Her father and mother were killed by GAL	GAL (Anti-Terrorist Liberation Groups)	Arantxa Fika	https://www.eitb.eus/es/videos/detalle/1222564/video-etb-ofrece-documental-iniciativa-glencree/
Carmen Hernández	Victim of terrorism: Her husband was killed by ETA	ETA	Carmen Hernández	https://www.eitb.eus/es/videos/detalle/1222564/video-etb-ofrece-documental-iniciativa-glencree/

Table 5. *Differences in identification and political position (Study 1).*

Control variable	Statistical-informative	Victimization	Commitment	Victimization +commitment	F	<i>p</i>	η^2
	<i>M (SD)</i>	<i>M (SD)</i>	<i>M (SD)</i>	<i>M (SD)</i>			
National Identification	5.86(1.86)	6.30(1.20)	5.69(1.33)	5.86(1.86)	1.434	.237	.039
Political Position	3.31(1.10)	3.52(0.84)	3.28(0.64)	3.42(0.77)	.447	.720	.013

Note. – National identification scale (1= Strongly disagree – 7= Strongly agree). Political Position scale (1= Extreme left – 7= Extreme Right)

Table 6. Correlations among target variables (Study 1)

Variables	1	2	3	4	5	6	7	8
1. Intergroup Forgiveness	1							
2. Personal Forgiveness	,535**	1						
3. Reparation	-0,003	-0,025	1					
4. Incapacitation	-,163*	-,265**	0,015	1				
5. Transcendent Emotions	,227**	,164*	0,026	-,178*	1			
6. Negative Emotions	-0,128	-,184**	0,115	0,137	0,021	1		
7. Empathy towards Perpetrators	,190**	,334**	0,013	-,294**	,142*	-0,064	1	
8. Empathy towards Victims	0,054	0,088	0,132	-0,039	0,063	0,012	,208**	1
Range	1-7	1-7	1-5	1-5	0-4	0-4	1-7	1-7
Items	3	3	4	2	5	10	4	4
N	110	110	110	110	110	110	110	110

*p < 0.05; **p < 0.001.

Table 7.*Mediation models; total indirect effect on experimental conditions study 1.*

Intergroup Forgiveness												
Mediation variable	<i>a</i> 1	<i>a</i> 2	<i>a</i> 3	<i>b</i>	<i>c</i> `1	<i>c</i> `2	<i>c</i> `3	<i>u</i> 1	<i>u</i> 2	Total indirect effect on D1	Total indirect effect on D2	Total indirect effect on D3
Transcendence emotions	1.616***	.728*	1.565***	.342**	.610 (1.164**)	-.586 (-.336)	-.202* (.333)	.130	.029	.352(.185) [.023; .744]	.159(.119) [.001; .454]	.341(.180) [.022; .728].
Personal Forgiveness												
Transcendence emotions	1.616***	.728**	1.565***	.197	.750 (1.068*)	-.149 (-.003)	.001 (.310)	-.130	-.210	.197(.194) [-.180; .600]	.089(.100) [-.078; .327]	.191(.191) [-.160; .600]

Note. * $p < .05$, ** $p < .01$, *** $p < .001$. CI 95%.: D1: dummy coded variable (Victimization+commitment=1) D2: dummy coded variable (Victimization=1), D3: dummy coded variable (Commitment=1). Direct and indirect effects are unstandardized. Letter "a" refers to the relationship between experimental conditions with the mediation variable; and letter "c" refers to the relationship between the mediation variable and outcome. Letter "u" refers to the covariate. Parenthesis in c = Total effect. N = 110.

Table 8. *Participants' typology of victimization
(acquaintances or friends)*

Victimizing event	% Study 2
Detention	32.8
Beaten	33.6
Injured	26.6
Threats	29
Extortion	6.9
Forced Displacement	6.6

Table 9. *Differences in identification and political position (Study 2).*

Control variable	Statistical-informative	Victimization	Commitment	Victimization +commitment	F	<i>p</i>	η^2
	<i>M (SD)</i>	<i>M (SD)</i>	<i>M (SD)</i>	<i>M (SD)</i>			
National Identification	6.08(1.40)	5.90(1.57)	5.80(1.77)	6.30(1.22)	1.397	.244	.016
Political Position	2.28(.92)	2.34(1.00)	2.07(.86)	3.19(.92)	.989	.399	.012

Note. – National identification scale (1= Strongly disagree – 7= Strongly agree). Political Position scale (1= Extreme left – 7= Extreme Right)

Table 10. Correlations among target variables (Study 2)

Variables	1	2	3	4	5	6	7	8
1. Intergroup Forgiveness	1							
2. Personal Forgiveness	,535**	1						
3. Reparation	-0,003	-0,025	1					
4. Incapacitation	-,163*	-,265**	0,015	1				
5. Transcendent Emotions	,227**	,164*	0,026	-,178*	1			
6. Negative Emotions	-0,128	-,184**	0,115	0,137	0,021	1		
7. Empathy towards Perpetrators	,190**	,334**	0,013	-,294**	,142*	-0,064	1	
8. Empathy towards Victims	0,054	0,088	0,132	-0,039	0,063	0,012	,208**	1
Range	1-7	1-7	1-5	1-5	0-4	0-4	1-7	1-7
Items	3	3	4	2	5	10	4	4
N	259	259	259	259	259	259	259	259

* $p < 0.05$; ** $p < 0.001$.

Table 11.*Mediation models; total indirect effect on experimental conditions study 2.*

Intergroup Forgiveness												
Mediation variable	<i>a</i> 1	<i>a</i> 2	<i>a</i> 3	<i>b</i>	<i>c</i> `1	<i>c</i> `2	<i>c</i> `3	<i>u</i> 1	<i>u</i> 2	Total indirect effect on D1	Total indirect effect on D2	Total indirect effect on D3
Transcendence emotions	.741***	.357*	.714***	.502***	.312 (.685**)	.328 (508*)	.262 (.621*)	.311	-.336	.253(.074) [.123; .408]	.122(.057) [.023; .249]	.244(.075) [.112; .402].
Personal Forgiveness												
Transcendence emotions	.741***	.357*	.714***	.341***	.159 (.413*)	.218 (.340)	.270 (.514*)	.311	-.321	.181(.072) [.053; .336]	.087(.051) [.010; .210]	.174(.075) [.048; .333].

Note. * $p < .05$, ** $p < .01$, *** $p < .001$. CI 95%.: D1: dummy coded variable (Victimization+commitment=1) D2: dummy coded variable (Victimization=1), D3: dummy coded variable (Commitment=1). Direct and indirect effects are unstandardized. Letter "a" refers to the relationship between experimental conditions with the mediation variable; and letter "c" refers to the relationship between the mediation variable and outcome. Letter "u" refers to the covariate. Parenthesis in c = Total effect. N = 110.