Causal Relationships in Observational Data - Simulations Benchmark

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This notebook accompanies my the manuscript entitled 'Causal Relationships in Longitudinal Observational Data: An Integrative Modelling Approach'. Here, I present the simulations I used to benchmark my proposed causal discovery algorithm against the gold standard of conventional multiple regression. All codes, including the complete simulations scripts and the application to the Wilkinson Nutrition Study, are available on GitHub.

The algorithm is applied in the function before and follows the steps:

1. train a model or part of the samples using the XGBoost algorithm
2. use the trained model to calculate the baseline for the remaining of the samples (a new validation procedure has to be edited when using cross-validation)
3. calculate the prediction error for each individual prediction defined as the absolute difference between predicted and observed scores

```
prediction_errors<-abs(predict(xgb_model, as.matrix(dplyr::select(test_set, -c(Y))))-test_set$Y)
#X's are dependent
prediction_errors_permuted<-abs(predict(xgb_model, as.matrix(dplyr::select(test_set_permuted, -c(Y))))-test_set_permuted$Y)
#Y is dependent
```

4. Perform steps 1-3 with the whole set of predictors except one (X1)
5. Use a non-parametric test for testing the significance between the two distributions. Prediction error of X1-0.2

```
#Wilcoxon test
wilcox.test(prediction_errors, prediction_errors_permuted, alternative = "greater")
```

A causal link is presumed between a given variable and the outcome if the null hypothesis is rejected, i.e., if the part of the variable significantly contributes to the prediction of the outcome.

For the simulations, simulated datasets with known causal structures were generated by sampling from different continuous and discrete distributions. Causal structures were represented by Directed Acyclic Graphs (DAGs). Each simulated dataset comprised 10000 subjects, with 1000 subjects in the test set. The number of variables ranged from 3 to 10. Each simulation was repeated 100 times. The results were compared with those derived from the application of state-discovery methods in the analysis of the long-term determinants of cognitive development. For the simulation, I used the following packages: `dplyr`, `ggplot2`, `ggpubr`, `xgboost`, `caret`, `ggdag`, `dagitty`, `ggraph`, `igraph`, `tidyverse`, `ggthemes`, `scales`, `Continuous Variables` and `cluster`.

```
set.seed(1234)
library(dplyr)
library(ggplot2)
library(ggpubr)
library(xgboost)
```

Baseline datasets, without relations between variables or between predictors and outcomes, were generated by random sampling:

```
data_base<-data.frame(
  matrix(rnorm(
    n = 10000*11,
    mean = 0,
    sd = 1),
    nrow = 10000, ncol = 11))
colnames(data_base)<-c("Y", "X1", "X2", "X3", "X4", "X5", "X6", "X7", "X8", "X9", "X10")
```

Relations are properly captured by multiple regression:

```
## Call:
## lm(formula = Y ~ X1 + X2 + X3 + X4 + X5 + X6 + X7 + X8 + X9 + X10, data = data_base)
##
## Coefficients:
##             Estimate Std. Error t value Pr(>|t|)
## (Intercept) -0.01111    0.01000  -1.111    0.267
## X1           0.50000    0.01000  50.000   <2e-16 ***
## X2           0.30000    0.01000  30.000   <2e-16 ***
## X3           0.20000    0.01000  20.000   <2e-16 ***
## X4           0.10000    0.01000  10.000   <2e-16 ***
## X5           0.05000    0.01000   5.000 5.83e-07 ***
## X6           0.00000    0.01000   0.000    1.000
## X7           0.00000    0.01000   0.000    1.000
## X8           0.00000    0.01000   0.000    1.000
## X9           0.00000    0.01000   0.000    1.000
## X10          0.00000    0.01000   0.000    1.000
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.001 on 9989 degrees of freedom
## Multiple R-squared:  0.3411, Adjusted R-squared:  0.3406
## F-statistic: 5173 on 10 and 9989 DF,  p-value: < 2.2e-16
```

and by the GC-XGBoost algorithm:

```
## Y_base_X1 0.5000
## Y_base_X2 0.3000
## Y_base_X3 0.2000
## Y_base_X4 0.1000
## Y_base_X5 0.0500
## Y_base_X6 0.0000
## Y_base_X7 0.0000
## Y_base_X8 0.0000
## Y_base_X9 0.0000
## Y_base_X10 0.0000
```

Scenario 2: The pipe

The first fundamental causal structure considered was "the pipe".

```
pipe_dag <- dagify(mod = mod ~
                     rnorm(N, 0, 1),
                   exposure ~ 0.5*mod + rnorm(N, 0, 1),
                   outcome ~ 0.5*exposure + rnorm(N, 0, 1),
                   coords = time_ordered_coords())
ggdraw(plot_dag) +
  theme_map()
```



```
## Y_base_X1 0.5000
## Y_base_X2 0.3000
## Y_base_X3 0.2000
## Y_base_X4 0.1000
## Y_base_X5 0.0500
## Y_base_X6 0.0000
## Y_base_X7 0.0000
## Y_base_X8 0.0000
## Y_base_X9 0.0000
## Y_base_X10 0.0000
```

If all variables are included in a multiple regression, the true associations are found.

The structure is also captured by the CGBoost approach:

```
##
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

Moreover, a spurious relation between CV1 and the outcome is introduced if CV2 is not included in the regression model:

```
## lm(formula = outcome_mediated ~ cv1_outcome_mediated + cv2_outcome_mediated)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.44911 -0.66911 -0.00011  0.66911  3.44911
##
## Coefficients:
##                      Estimate Std. Error t value Pr(>|t|)
## (Intercept)          0.000000   0.010000   0.000        1
## cv1_outcome_mediated 0.400000   0.010000  40.000   <2e-16 ***
## cv2_outcome_mediated 0.300000   0.010000  30.000   <2e-16 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.001 on 9997 degrees of freedom
## Multiple R-squared:  0.2564, Adjusted R-squared:  0.2563
## F-statistic: 1721 on 2 and 9997 DF,  p-value: < 2.2e-16
```

Moreover, XGBoost corroborates the same findings, being ranked as a best fits:

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

Including a mediated variable and, thus, the regression (or GC-XGBoost results are in agreement with the structural ground truth if all variables are included:

```
pipe_dag <- dagify(mod ~ rnorm(N, 0, 1),
                   exposure ~ 0.5*mod + rnorm(N, 0, 1),
                   outcome ~ 0.5*exposure + rnorm(N, 0, 1),
                   coords = time_ordered_coords())
ggdraw(plot_dag) +
  theme_map()
```



```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

```
## lm(formula = outcome_mediated ~ cv1_outcome_mediated + cv2_outcome_mediated + mod_variable)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.44911 -0.66911 -0.00011  0.66911  3.44911
##
## Coefficients:
##                      Estimate Std. Error t value Pr(>|t|)
## (Intercept)          0.000000   0.010000   0.000        1
## cv1_outcome_mediated 0.400000   0.010000  40.000   <2e-16 ***
## cv2_outcome_mediated 0.300000   0.010000  30.000   <2e-16 ***
## mod_variable         0.000000   0.010000   0.000        1
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.001 on 9996 degrees of freedom
## Multiple R-squared:  0.2564, Adjusted R-squared:  0.2562
## F-statistic: 1148 on 3 and 9996 DF,  p-value: < 2.2e-16
```

Moreover, a relation between CV1 and the outcome is introduced if CV2 is not included in the regression model:

```
## lm(formula = outcome_mediated ~ cv1_outcome_mediated + cv2_outcome_mediated + mod_variable)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.44911 -0.66911 -0.00011  0.66911  3.44911
##
## Coefficients:
##                      Estimate Std. Error t value Pr(>|t|)
## (Intercept)          0.000000   0.010000   0.000        1
## cv1_outcome_mediated 0.400000   0.010000  40.000   <2e-16 ***
## cv2_outcome_mediated 0.300000   0.010000  30.000   <2e-16 ***
## mod_variable         0.000000   0.010000   0.000        1
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.001 on 9996 degrees of freedom
## Multiple R-squared:  0.2564, Adjusted R-squared:  0.2562
## F-statistic: 1148 on 3 and 9996 DF,  p-value: < 2.2e-16
```

Which is not observed for the GC-XGBoost:

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

Scenario 3: The fork

The second fundamental structure considered was "the fork", in which a variable causes the outcome at the same time that it causes another variable (confounder). Multiple models. The regression results and GC-XGBoost are again in agreement with the structural ground truth if all variables are included.

```
fork_dag <- dagify(mod ~ rnorm(N, 0, 1),
                   exposure ~ 0.5*mod + rnorm(N, 0, 1),
                   outcome ~ 0.5*mod + 0.5*exposure + rnorm(N, 0, 1),
                   coords = time_ordered_coords())
ggdraw(plot_dag) +
  theme_map()
```



```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

```
## lm(formula = outcome_mediated ~ cv1_outcome_mediated + cv2_outcome_mediated + mod_variable)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.44911 -0.66911 -0.00011  0.66911  3.44911
##
## Coefficients:
##                      Estimate Std. Error t value Pr(>|t|)
## (Intercept)          0.000000   0.010000   0.000        1
## cv1_outcome_mediated 0.400000   0.010000  40.000   <2e-16 ***
## cv2_outcome_mediated 0.300000   0.010000  30.000   <2e-16 ***
## mod_variable         0.000000   0.010000   0.000        1
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.001 on 9996 degrees of freedom
## Multiple R-squared:  0.2564, Adjusted R-squared:  0.2562
## F-statistic: 1148 on 3 and 9996 DF,  p-value: < 2.2e-16
```

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

But not in the GC-XGBoost approach:

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

The results are not affected by adding an extra independent causal link:

```
fork_dag <- dagify(mod ~ rnorm(N, 0, 1),
                   ind ~ rnorm(N, 0, 1),
                   exposure ~ 0.5*mod + rnorm(N, 0, 1),
                   outcome ~ 0.5*mod + 0.5*exposure + rnorm(N, 0, 1),
                   coords = time_ordered_coords())
ggdraw(plot_dag) +
  theme_map()
```



```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

```
## lm(formula = outcome_mediated ~ cv1_outcome_mediated + cv2_outcome_mediated + mod_variable)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.44911 -0.66911 -0.00011  0.66911  3.44911
##
## Coefficients:
##                      Estimate Std. Error t value Pr(>|t|)
## (Intercept)          0.000000   0.010000   0.000        1
## cv1_outcome_mediated 0.400000   0.010000  40.000   <2e-16 ***
## cv2_outcome_mediated 0.300000   0.010000  30.000   <2e-16 ***
## mod_variable         0.000000   0.010000   0.000        1
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.001 on 9996 degrees of freedom
## Multiple R-squared:  0.2564, Adjusted R-squared:  0.2562
## F-statistic: 1148 on 3 and 9996 DF,  p-value: < 2.2e-16
```

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

If a previous confounder between CV1 and the outcome is introduced when CV2 is not included in the regression model:

```
## lm(formula = outcome_mediated ~ cv1_outcome_mediated + cv2_outcome_mediated + mod_variable)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.44911 -0.66911 -0.00011  0.66911  3.44911
##
## Coefficients:
##                      Estimate Std. Error t value Pr(>|t|)
## (Intercept)          0.000000   0.010000   0.000        1
## cv1_outcome_mediated 0.400000   0.010000  40.000   <2e-16 ***
## cv2_outcome_mediated 0.300000   0.010000  30.000   <2e-16 ***
## mod_variable         0.000000   0.010000   0.000        1
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.001 on 9996 degrees of freedom
## Multiple R-squared:  0.2564, Adjusted R-squared:  0.2562
## F-statistic: 1148 on 3 and 9996 DF,  p-value: < 2.2e-16
```

But not in GC-XGBoost:

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

The results are not affected by adding an extra independent causal link:

```
fork_dag <- dagify(mod ~ rnorm(N, 0, 1),
                   ind ~ rnorm(N, 0, 1),
                   exposure ~ 0.5*mod + rnorm(N, 0, 1),
                   outcome ~ 0.5*mod + 0.5*exposure + rnorm(N, 0, 1),
                   coords = time_ordered_coords())
ggdraw(plot_dag) +
  theme_map()
```



```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

```
## lm(formula = outcome_mediated ~ cv1_outcome_mediated + cv2_outcome_mediated + mod_variable)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.44911 -0.66911 -0.00011  0.66911  3.44911
##
## Coefficients:
##                      Estimate Std. Error t value Pr(>|t|)
## (Intercept)          0.000000   0.010000   0.000        1
## cv1_outcome_mediated 0.400000   0.010000  40.000   <2e-16 ***
## cv2_outcome_mediated 0.300000   0.010000  30.000   <2e-16 ***
## mod_variable         0.000000   0.010000   0.000        1
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.001 on 9996 degrees of freedom
## Multiple R-squared:  0.2564, Adjusted R-squared:  0.2562
## F-statistic: 1148 on 3 and 9996 DF,  p-value: < 2.2e-16
```

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

If a previous confounder between CV1 and the outcome is introduced when CV2 is not included in the model:

```
## lm(formula = outcome_mediated ~ cv1_outcome_mediated + cv2_outcome_mediated + mod_variable)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.44911 -0.66911 -0.00011  0.66911  3.44911
##
## Coefficients:
##                      Estimate Std. Error t value Pr(>|t|)
## (Intercept)          0.000000   0.010000   0.000        1
## cv1_outcome_mediated 0.400000   0.010000  40.000   <2e-16 ***
## cv2_outcome_mediated 0.300000   0.010000  30.000   <2e-16 ***
## mod_variable         0.000000   0.010000   0.000        1
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.001 on 9996 degrees of freedom
## Multiple R-squared:  0.2564, Adjusted R-squared:  0.2562
## F-statistic: 1148 on 3 and 9996 DF,  p-value: < 2.2e-16
```

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

But not in the GC-XGBoost approach:

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

Scenario 4: The collider

The third fundamental structure investigated was "the collider" graph model.

```
coll_dag <- dagify(mod ~ rnorm(N, 0, 1),
                   exposure ~ 0.5*mod + rnorm(N, 0, 1),
                   outcome ~ 0.5*mod + rnorm(N, 0, 1),
                   coords = time_ordered_coords())
ggdraw(plot_dag) +
  theme_map()
```



```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

```
## lm(formula = outcome_mediated ~ cv1_outcome_mediated + cv2_outcome_mediated + mod_variable)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.44911 -0.66911 -0.00011  0.66911  3.44911
##
## Coefficients:
##                      Estimate Std. Error t value Pr(>|t|)
## (Intercept)          0.000000   0.010000   0.000        1
## cv1_outcome_mediated 0.400000   0.010000  40.000   <2e-16 ***
## cv2_outcome_mediated 0.300000   0.010000  30.000   <2e-16 ***
## mod_variable         0.000000   0.010000   0.000        1
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.001 on 9996 degrees of freedom
## Multiple R-squared:  0.2564, Adjusted R-squared:  0.2562
## F-statistic: 1148 on 3 and 9996 DF,  p-value: < 2.2e-16
```

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

Including all variables, the collider blocks the relation:

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

When the collider variable is NOT included in the regression, no spurious relation is introduced:

```
## lm(formula = outcome_mediated ~ cv1_outcome_mediated + cv2_outcome_mediated +
##     mod_variable)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.44911 -0.66911 -0.00011  0.66911  3.44911
##
## Coefficients:
##                      Estimate Std. Error t value Pr(>|t|)
## (Intercept)          0.000000   0.010000   0.000        1
## cv1_outcome_mediated 0.400000   0.010000  40.000   <2e-16 ***
## cv2_outcome_mediated 0.300000   0.010000  30.000   <2e-16 ***
## mod_variable         0.000000   0.010000   0.000        1
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.001 on 9996 degrees of freedom
## Multiple R-squared:  0.2564, Adjusted R-squared:  0.2562
## F-statistic: 1148 on 3 and 9996 DF,  p-value: < 2.2e-16
```

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```

And in the GC-XGBoost approach:

```
## Y_base_X1 0.500
## Y_base_X2 0.300
## Y_base_X3 0.200
## Y_base_X4 0.100
## Y_base_X5 0.050
## Y_base_X6 0.000
## Y_base_X7 0.000
## Y_base_X8 0.000
## Y_base_X9 0.000
## Y_base_X10 0.000
```