**SUPPLEMENTARY MATERIALS 1**

**ELECTRONIC BIBLIOGRAPHIC DATABASES AND SEARCH STRINGS**

Broad Search Terms: complementary and alternative medicine practices; heart failure

Search Strings by Database:

*PubMED via National Library of Medicine*

(("complementary and alternative medicine") OR (autogenic training[MeSH]) OR (biofeedback [MeSH]) OR ("cognitive restructuring") OR ("cognitive behavioral stress management") OR ("deep breathing") OR ("emotional freedom technique") OR (guided imagery [MeSH]) OR ("mindfulness-based stress reduction") OR (mindfulness [MeSH]) OR (meditation [MeSH]) OR ("problem-solving training") OR ("progressive muscle relaxation") OR ("relaxation techniques") OR (self-disclosure) OR (self-hypnosis) OR (tai chi [MeSH]) OR ("transcendental meditation") OR (yoga[MeSH]) OR ("stress management")) AND ("heart failure" OR (heart failure[MeSH]))

*PsycInfo (via EBSCO)/CINAHL(via EBSCO)/Global Health (via EBSCO)/SocINDEX(via EBSCO)/Cochrane/Embase (via Elseiver)*

(("complementary and alternative medicine") OR (autogenic training) OR (biofeedback) OR ("cognitive restructuring") OR ("cognitive behavioral stress management") OR ("deep breathing") OR ("emotional freedom technique") OR (guided imagery) OR ("mindfulness-based stress reduction") OR (mindfulness) OR (meditation) OR ("problem-solving training") OR ("progressive muscle relaxation") OR ("relaxation techniques") OR (self-disclosure) OR (self-hypnosis) OR (tai chi) OR ("transcendental meditation") OR (yoga) OR ("stress management")) AND ("heart failure" OR (heart failure))

*ProQuest*

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