

CLINICAL PSYCHOLOGY

• • • • •
V27 N4 • December 2020
www.wileyonlinelibrary.com

SCIENCE AND PRACTICE

Arthur M. Nezu, PhD, DHL, ABPP
Editor-in-Chief

• • • • •
A Publication of the Society of Clinical Psychology,
Division 12 of the American Psychological
Association

Published by Wiley Blackwell
ISSN 0969-5893

CLINICAL PSYCHOLOGY SCIENCE AND PRACTICE

LITERATURE REVIEW

- Exploring DBT skills training as a treatment avenue for generalized anxiety disorder**
Bailee L. Malivoire e12339

COMMENTARIES ON MALIVOIRE

- Dialectical behavior therapy skills training for generalized anxiety disorder: Considering the value of adapting something new versus improving what works**
Chelsey R. Wilks and Erin F. Ward-Ciesielski e12346

- Skills only or comprehensive DBT: That is the question**
Stephanie B. Mattei and Rosanna Sposato e12354

LITERATURE REVIEW

- Loneliness in psychosis: A practical review and critique for clinicians**
Johanna C. Badcock, Laura H. Adery and Sohee Park e12345

COMMENTARY ON BADCOCK ET AL.

- The importance of understanding and addressing loneliness in psychotic disorders**
Daniel Fulford and Kim T. Mueser e12383

EMPIRICAL

- Anatomy of psychology practitioner competence: Clustering approach reveals the hierarchical organization of competencies**
Craig J. Gonsalvez, Frank P. Deane, Josephine Terry and Chien Hoong Gooi e12347

COMMENTARIES ON GONSALVEZ ET AL.

- Continuing the call for better assessment of competencies: Comment on anatomy of psychology practitioner competence**
Kathi A. Borden and E. John McIlvried e12369

- Anatomy of psychology practitioner competence: A commentary**
Jennifer L. Callahan and Princess Braggs e12382

EMPIRICAL

- An evaluation of cognitive behavioral therapy for insomnia: A systematic review and application of Tolin's Criteria for empirically supported treatments**
Cassandra L. Boness, Rachel Hershenberg, Joanna Kaye, Margaret-Anne Mackintosh, Damion J. Grasso, Amy Noser and Susan D. Raffa e12348

COMMENTARIES ON BONESS ET AL.

- Advances in the identification of empirically supported psychological treatments**
David F. Tolin e12356

- Commentary on "An evaluation of cognitive behavioral therapy for insomnia: A systematic review and application of Tolin's Criteria for empirically supported treatments"**
Carolyn E. Ievers-Landis and Christina S. McCrae e12368

- CBT-I is an efficacious, first-line treatment for insomnia: Where we need to go from here. A commentary on the application of Tolin's criteria to cognitive behavioral therapy for insomnia**
Erin M. O'Brien and Elaine M. Boland e12370

LITERATURE REVIEW

- Defining response and nonresponse to posttraumatic stress disorder treatments: A systematic review**
Tracey Varker, Dzenana Kartal, Loretta Watson, Isabella Freijah, Meaghan O'Donnell, David Forbes, Andrea Phelps, Malcolm Hopwood, Alexander McFarlane, John Cooper, Darryl Wade, Richard Bryant and Mark Hinton e12355

COMMENTARIES ON VARKER ET AL.

- Let's all get on the same page: A commentary on "Defining response and nonresponse to PTSD treatments: A systematic review"**
Sadie E. Larsen, Lauren M. Sippel and Paula P. Schnurr e12364

- Categorizing a continuum: Commentary on "Defining response and nonresponse to posttraumatic stress disorder treatments: A systematic review"**
J. Gayle Beck e12374

LITERATURE REVIEW

- Improving engagement in evidence-based psychological treatments among Veterans: Direct-to-consumer outreach and pretreatment shared decision-making**
Bradley E. Karlin and Lisa A. Brenner e12344

COMMENTARY ON KARLIN ET AL.

- Multiple perspectives on disseminating and implementing evidenced-based treatments: Demand and supply**
Kaylee P. Richmond and Ann M. Steffen e12365

LITERATURE REVIEW

- A systematic review and meta-analytic factor analysis of the depression anxiety stress scales**
Andrew Yui Yeung, Livia Yuliawati and Sing-Hang Cheung e12362

COMMENTARIES ON YEUNG ET AL.

- The pros and cons of bifactor models for testing dimensionality and psychopathological models: A commentary on the manuscript "A systematic review and meta-analytic factor analysis of the depression anxiety stress scales"**
Juan V. Luciano, Juan P. Sanabria-Mazo, Albert Feliu-Soler and Carlos G. Forero e12386

- Commentary on Yeung et al.'s systematic review and meta-analytic factor analysis of the depression anxiety stress scales**
Janet F. Carlson e12387

LITERATURE REVIEW

- Reflective practice in clinical psychology: Reflections from basic psychological science**
Scott O. Lilienfeld and Candice Basterfield e12352

COMMENTARIES ON LILIENFELD ET AL.

- Reflective practice: Finding synergy between psychological science and competency-based frameworks**
Nadine J. Kaslow and Rachel J. Ammirati e12373

- Reflecting on reflective practice**
Jack B. Schaffer and Emil R. Rodolfa e12361

(Beginning with the March 2021 issue (volume 28, issue 1), Clinical Psychology: Science and Practice will be published by the American Psychological Association. For more information about author guidelines, see <https://www.apa.org/pubs/journals/cps>. Also refer to <https://www.apa.org/pubs/highlights/editor-spotlight/cps-nezu>

CLINICAL PSYCHOLOGY: SCIENCE AND PRACTICE

EDITORIAL BOARD

Editor-in-Chief

Arthur M. Nezu, PhD, DHL,
ABPP
Drexel University

Associate Editors

Katie Aafjes-van Doorn, PhD
Yeshiva University

Gregory Hinrichsen, PhD,
ABPP
Icahn School of Medicine at
Mount Sinai

Kelly McClure, PhD
LaSalle University

Editorial Board

Tahirah Abdullah, PhD
University of Massachusetts-
Boston

Jacques P. Barber, PhD, ABPP
Adelphi University

David H. Barlow, PhD, ABPP
Boston University

Jeffrey E. Barnett, PsyD, ABPP
Loyola University

Sherry Ann Beaudreau, PhD,
ABPP
VA Palo Alto Health Care
System/Stanford University
School of Medicine

J. Gayle Beck, PhD
University of Memphis

Guillermo Bernal, PhD
University of Puerto Rico

Lisa A. Brenner, PhD, ABPP
University of Colorado

Timothy A. Brown, PsyD
Boston University

Zeeshan Butt, PhD
Northwestern University

Janet Carlson, PhD
University of Nebraska –
Lincoln

Jean Lau Chin, EdD
Adelphi University

Tammy Chung, PhD
University of Pittsburgh

Jonathan Comer, PhD
Florida International
University

Scott Compton, PhD
Duke University School of
Medicine

Janis Crowther, PhD
Kent State University

Pim Cuijpers, PhD
Vrije Universiteit Amsterdam

David DeMatteo, JD, PhD,
ABPP
Drexel University

Changming Duan, PhD
University of Kansas

Erin Emery-Tiburcio, PhD,
ABPP
Rush University

John Fairbank, PhD
Duke University,
VA Mid-Atlantic Mental Illness
Research, Education and
Clinical Center
(VISN 6 MIRECC)

Stephanie Felgoise, PhD, ABPP
Philadelphia College of
Osteopathic Medicine

Marvin Goldfried, PhD
Stony Brook University

Sherryll H. Goodman, PhD
Emory University

DeMond Grant, PhD
Oklahoma State University

Leslie Greenberg, PhD
York University

Carolyn J. Greene, PhD
University of Arkansas for
Medical Sciences

Carlos Grilo, PhD
Yale University

Gordy Hall, PhD
University of Oregon

Kirk Heilbrun, PhD, ABPP
Drexel University

Stefan Hofmann, PhD
Boston University

Martin Iguchi, PhD
University of California-Los
Angeles and Rand Corporation

Rick Ingram, PhD
University of Kansas

Gayle Y. Iwamasa, PhD, HSPP
Department of Veterans
Affairs, VHA Central Office

Michele Karel, PhD, ABPP
VA Central Office

Philip Kendall, PhD, ABPP
Temple University

Jasmín Llamas, PhD
Santa Clara University

Marguerita Lightfoot, PhD
University of California,
San Francisco School of
Medicine

Scott Lilienfeld, PhD
Emory University

Brian Marx, PhD
VA, National Center for PTSD,
Boston

John McQuaid, PhD
San Francisco VA Health Care
System

Victor Molinari, PhD, ABPP
University of South Florida

Laura Mufson, PhD
Columbia University,
New York State Psychiatric
Institute

J. Christopher Muran, PhD
Adelphi University

Christine Maguth Nezu, PhD,
ABPP
Drexel University

Tracy Neal-Walden, PhD
Steven A. Cohen Military
Family Clinic at Easterseals

Daniel O'Leary, PhD
Stony Brook University

Susan Orsillo, PhD
Suffolk University

Mitchell Prinstein, PhD, ABPP
University of North Carolina
at Chapel Hill

Steven Richards, PhD
Texas Tech University

Michael Roberts, PhD, ABPP
University of Kansas

Francisco J. Sánchez, PhD
University of Missouri

Karen B. Schmaling, PhD
Washington State University

Erin Sheets, PhD
Colby College

Wendy Silverman, PhD, ABPP
Yale University

Linda Sobell, PhD, ABPP
Nova Southeastern University

George Striker, PhD
Argosy University

Managing Editor

Jenna Damico, BS
Drexel University

CLINICAL PSYCHOLOGY: SCIENCE AND PRACTICE (ISSN 1468-2850 online) is published quarterly on behalf of the Society of Clinical Psychology, Division 12 of the American Psychological Association, by Wiley Periodicals LLC, 111 River St., Hoboken, NJ 07030-5774 USA. **The journal presents cutting-edge developments in the science and practice of clinical psychology by publishing scholarly topical reviews of research, theory, and application to diverse areas of the field, including assessment, intervention, service delivery, and professional issues.**

Membership in D12

All individuals who are members of the Society of Clinical Psychology, Division 12 of the American Psychological Association, receive the journal as a benefit of membership. \$60 of dues is for a one-year subscription. Individuals interested in becoming a member of the Society of Clinical Psychology, Division 12 of the American Psychological Association, should contact Tara Craighead, PO Box 98045, Atlanta, GA 30359, or division12apa@gmail.com

Copyright and Copying

Copyright © 2020 Society of Clinical Psychology. All rights reserved. No part of this publication may be reproduced, stored, or transmitted in any form or by any means without prior permission in writing from the copyright holder. Authorization to copy items for internal and personal use is granted by the copyright holder for libraries and other users registered with their local Reproduction Rights Organization (RRO), e.g., Copyright Clearance Center (CCC), 222 Rosewood Drive, Danvers, MA 01923, USA (www.copyright.com), provided the appropriate fee is paid directly to the RRO. This consent does not extend to other kinds of copying such as copying for general distribution, for advertising or promotional purposes, for creating new collective works, or for resale. Special requests should be addressed to permissions@wiley.com.

Information for Subscribers

Clinical Psychology: Science and Practice is published in 4 issues per year. Subscription prices for 2020 are:

Institutional (Online): €557 (Europe), US\$681 (The Americas), \$856 (Rest of World); Personal (Online): €173 (Europe, Euro zone), €173 (Europe, non-Euro zone), US\$177 (The Americas), \$177 (Rest of World). Prices are exclusive of tax. Asia-Pacific GST, Canadian GST/HST, and European VAT will be applied at the appropriate rates. For more information on current tax rates, please go to <https://onlinelibrary.wiley.com/library-info/products/price-lists/payment>. The price includes online access to the current and all online backfiles to January 1st 2016, where available. For other pricing options, including access information and terms and conditions, please visit <https://onlinelibrary.wiley.com/library-info/products/price-lists>. Terms of use can be found here: <https://onlinelibrary.wiley.com/terms-and-conditions>

ISSN 1468-2850 (Online)

Disclaimer

The Publisher, Society of Clinical Psychology, and Editors cannot be held responsible for errors or any consequences arising from the use of information contained in this journal; the views and opinions expressed do not necessarily reflect those of the Publisher, Society of Clinical Psychology, and Editors; neither does the publication of advertisements constitute any endorsement by the Publisher, Society of Clinical Psychology, and Editors of the products advertised.

Production Editor: Kamesh Senthilkumar (email: CPSP@wiley.com)

Wiley's Corporate Citizenship initiative seeks to address the environmental, social, economic, and ethical challenges faced in our business and which are important to our diverse stakeholder groups. Since launching the initiative, we have focused on sharing our content with those in need, enhancing community philanthropy, reducing our carbon impact, creating global guidelines and best practices for paper use, establishing a vendor code of ethics, and engaging our colleagues and other stakeholders in our efforts. Follow our progress at www.wiley.com/go/citizenship.

View this journal online at wileyonlinelibrary.com/journal/cpsp.

Clinical Psychology: Science and Practice accepts articles for Open Access publication. Please visit <https://authorservices.wiley.com/author-resources/Journal-Authors/open-access/onlineopen.html> for further information about OnlineOpen.

For submission instructions, subscription, and all other information, visit <https://onlinelibrary.wiley.com/journal/14682850>