

Growth Mindset Reflections

Directions: Write a response to one thinking prompt in each category and to the last question below . Each response (there are 5 in total) should be about 50-100 words long.

Mindset

1. Write about a growth/fixed mindset example of what you did in this class.

Challenges

1. What do you dread learning about in this class? How could you take actions that would make it better, easier or more enjoyable for you?

Failure (= Learning Opportunity)

1. What makes you feel like a failure in this class, if any? What can you do to improve the situation?

Goal Setting

1. How will you challenge yourself more in consuming and/or producing research? Write about one to two ways that you could stretch yourself to improve your learning and understanding of research in the future.

Final Question: What are your thoughts and feelings doing this assignment regarding your perspective toward education and life?