

Figure S4. Forest plot showing the distribution of effect sizes for body mass index (BMI)

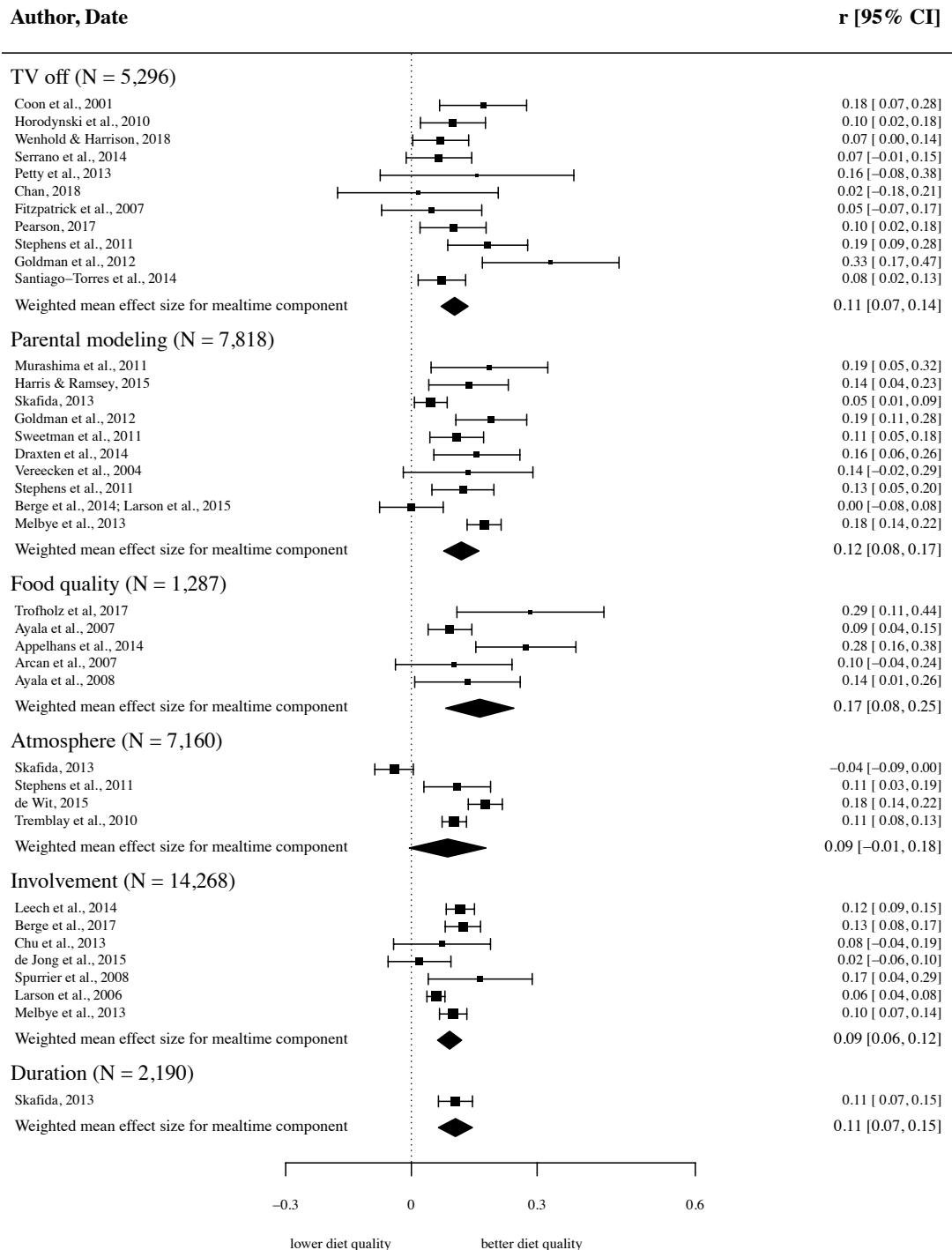


Figure S5. Forest plot showing the distribution of effect sizes for diet quality