

Supplementary Table 1. Pearson’s correlation coefficients (r) for the correlation analyses between the interoceptive sensitivity (IS) scores, the four Interpersonal Reactivity Index (IRI) scales (perspective-taking scale (PT), fantasy scale (FS), empathic concern scale (EC) and personal distress scale (PD)), the mean of PT and EC which was used in the analyses of the results, the mean of the four IRI scales (Total IRI score), as well as the dependent behavioural measures (i.e., the self-recognition change between post- and pre-test in the synchronous congruent condition) and physiological measures (i.e., electrodermal activity (EDA) change between the critical ‘threat’ condition and the ‘asynchronous’ and ‘incongruent’ conditions). Significant correlations ($p < .05$) are in bold font.

[illegible]