

**The Relationship Between Help-Seeking Attitudes and Masculine Norms Among
Monozygotic Male-Twins Discordant for Sexual Orientation**

SUPPLEMENTAL MATERIAL

Online Table S1

Additional Sample Demographic Data

	Whole Sample		Gay		Heterosexual	
	<i>N</i>	%	<i>n</i>	%	<i>n</i>	%
Education						
High School or Equivalent	6	7.9%	2	5.3%	4	10.5%
Technical School	1	1.3%	1	2.6%	0	0.0%
Some College	8	10.5%	4	10.5%	4	10.5%
Associates	4	5.3%	2	5.3%	2	5.3%
Bachelors	37	48.7%	20	52.6%	17	44.7%
Masters/Doctorate	20	26.3%	9	23.7%	11	28.9%
Annual Individual Income						
<\$10,000	5	6.6%	3	7.9%	2	5.3%
\$10–19,999	4	5.3%	3	7.9%	1	2.6%
\$20–29,999	2	2.6%	0	0.0%	2	5.3%
\$30–39,999	8	10.5%	3	7.9%	5	13.2%
\$40–49,999	11	14.5%	5	13.2%	6	15.8%
\$50–59,999	13	17.1%	6	15.8%	7	18.4%
\$60–69,999	8	10.5%	6	15.8%	2	5.3%
\$70–79,999	2	2.6%	1	2.6%	1	2.6%
\$80–89,999	6	7.9%	3	7.9%	3	7.9%
\$90–99,999	2	2.6%	2	5.3%	0	0.0%
>\$100,000	15	19.7%	6	15.8%	9	23.7%
Currently in a Relationship?						
Yes and cohabiting	30	39.5%	13	34.2%	17	44.7%
Yes but not cohabiting	18	23.7%	9	23.7%	9	23.7%
No	28	36.8%	16	42.1%	12	31.6%

Online Table S2

Median, Mean, Standard Deviation, and Cronbach's Alphas for Measures

	Possible Range	Whole Sample <i>N</i> = 76				Gay <i>n</i> = 38				Heterosexual <i>n</i> = 38			
		<i>Mdn</i>	<i>M</i>	<i>SD</i>	α	<i>Mdn</i>	<i>M</i>	<i>SD</i>	α	<i>Mdn</i>	<i>M</i>	<i>SD</i>	α
SCL-90-R Dimensions													
Somatization	0.00-4.00	0.34	0.47	0.43	.77	0.34	0.41	0.31	.51	0.34	0.53	0.53	.85
Obsessive-Compulsive	0.00-4.00	0.71	0.91	0.71	.87	0.61	0.80	0.64	.84	0.81	1.02	0.76	.89
Interpersonal Sensitivity	0.00-4.00	0.45	0.64	0.56	.81	0.39	0.57	0.50	.78	0.45	0.71	0.61	.84
Depression	0.00-4.00	0.54	0.74	0.55	.84	0.54	0.71	0.50	.79	0.54	0.78	0.60	.88
Anxiety	0.00-4.00	0.31	0.47	0.52	.85	0.31	0.39	0.43	.79	0.46	0.56	0.59	.88
Hostility	0.00-4.00	0.34	0.45	0.59	.86	0.26	0.30	0.34	.64	0.34	0.61	0.73	.90
Phobic Anxiety	0.00-4.00	0.01	0.14	0.29	.77	0.01	0.15	0.35	.86	0.01	0.14	0.23	.56
Paranoid Ideation	0.00-4.00	0.34	0.56	0.60	.73	0.34	0.42	0.41	.49	0.42	0.71	0.72	.80
Psychoticism	0.00-4.00	0.21	0.38	0.46	.79	0.11	0.26	0.28	.57	0.26	0.49	0.57	.83
SCL-90-R Indices													
Global Severity	0.00-4.00	0.47	0.57	0.42	.96	0.46	0.49	0.31	.93	0.53	0.65	0.51	.97
Positive Symptom Distress	0.00-4.00	1.44	1.53	0.39	—	1.44	1.54	0.36	—	1.44	1.53	0.42	—
Positive Symptom Total	0-90	31.50	30.92	6.26	—	24.50	27.34	14.14	—	33.50	34.50	21.32	—
Positive Help-Seeking Attitude	0-30	20.00	19.68	6.26	.86	22.00	21.13	5.73	.84	19.50	18.24	6.51	.86
GRCS Total Score	37-222	118.00	119.29	26.52	.91	114.00	114.79	29.08	.93	121.50	123.79	23.20	.88
Success, Power, & Competition	13-78	50.00	47.75	12.64	.89	50.00	48.08	12.68	.89	50.00	47.42	12.76	.89
Restricted Emotions	10-60	28.50	29.75	11.02	.90	28.00	29.03	11.99	.92	28.50	30.47	10.07	.89
Restricted Affection	8-48	20.00	20.64	7.05	.78	16.50	16.97	4.97	.71	24.00	24.32	6.95	.78
Work/School Emphasis	6-36	22.00	21.14	7.46	.86	21.50	20.71	7.98	.89	22.00	21.58	6.98	.83

Note. SCL-90-R (*Symptom Checklist-90-Revised*) statistics are based on the raw scores. GRCS = Gender Role Conflict Scale.