Exhibit 8.1: A Clinician’s Checklist for Improving Treatment Engagement: The Structured Disposition Approach

1. ADDRESS TREATMENT EXPECTATIONS

☐ Questions
☐ Note barriers

2. PROVIDE SPECIFIC TREATMENT INFORMATION

☐ Treatment objectives
☐ Treatment methods
☐ Treatment process
☐ Questions

3. PROBLEM SOLVING AROUND TREATMENT BARRIERS

☐ Primary barrier
☐ Problem-solving steps
☐ Reframe suicidal symptoms as a failure in problem solving

4. CONTRACT FOR TREATMENT ATTENDANCE

☐ Number of sessions
☐ Written schedule