Key Resources for LGBTQ-Affirmative Therapy

List local LGBTQ community centers, support groups, gathering places, and health providers for easy access

Useful national resources
- Lambda Legal: http://www.lambdalegal.org
- Human Rights Campaign: http://www.hrc.org
- National Center for Transgender Equality: http://www.transequality.org
- Affirming religious organizations and congregations: http://geneq.berkeley.edu/lgbt_resources_religion_and_spirituality
- POZ (resource for HIV+ folks): http://www.poz.com
- Mautner Project (lesbian health project): http://www.mautnerproject.org

Key affirmative therapy readings

Transgender and gender-expansive specific readings
- World Professional Association for Transgender Health (WPATH) Standards of Care: http://www.wpath.org/

Couples and family therapy

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